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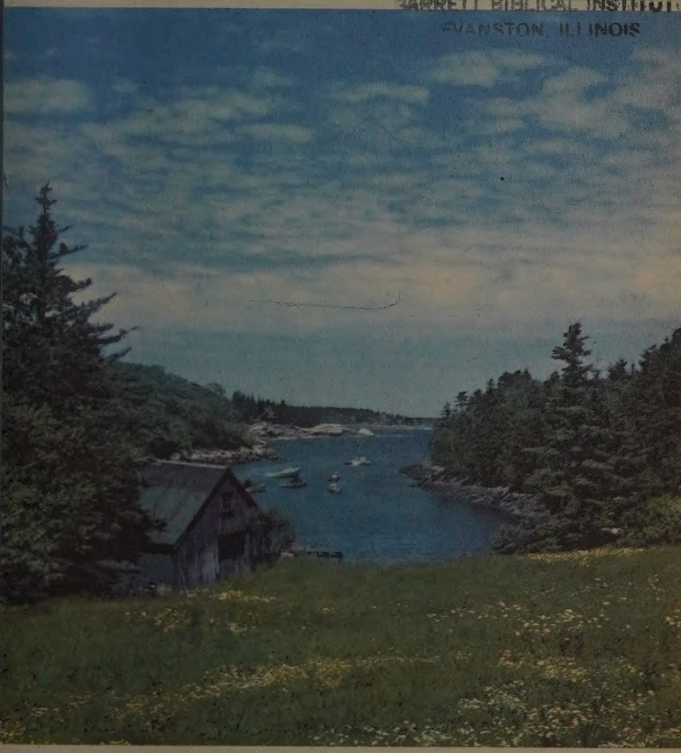

A Sea-like Glimpse

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Monthly Thoughts

BY CHARLES FILLMORE

To be Used from August 1 to August 31

Illumination: Thy radiant light reveals Thy perfect will to me. I am obedient "unto the heavenly vision."

Prosperity: Thine unfailing supply rushes to meet my every need, and I am in all ways prospered. All good things are added unto me.

Healing: By the grace of God, through Christ, I am forgiven and healed. Thanks to the Father I am made every whit whole.

For instructions about these thoughts turn to page 48

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The Fullness of Time

from the writings of

CHARLES FILLMORE

ALL SANE persons acknowledge the necessity of observing the laws of health in their daily living, but the great majority have a human standard. Now that the whole race is awakening to the knowledge of a higher source of existence more people every day are giving attention to the law of Spirit in their life.

"Order is heaven's first law." If we desire to demonstrate health when we receive more spiritual life, we must order this life rightly, for if it is not so ordered, mental and physical discord will ensue. This applies to all that we think and do. Everything must be brought into order. If we affirm prosperity, that too must be brought into orderly relations to the rest of our thinking. We may be declaring life and prosperity and at the same time be holding some disorganizing thought. This will produce in-

harmony and discord in body and affairs. Lack of orderly arrangement of thoughts is responsible for many delayed demonstrations of healing.

We find in the Scriptures constant reference, in symbols and also in direct language, to order as a fundamental law of the universe and of man. There must be order in the spiritual life as well as the material life. All peoples have observed this, and especially the people of God. Paul said, "Let all things be done decently and in order."

You want to know then the metaphysics of order as a means of demonstrating health. How can you order your life by the divine plan? By accepting it as a truth that there is such a plan and by making this plan yours through affirming your oneness with the omnipresent Mind in which this plan exists in its righteousness. Say, *"I am the offspring of God, and I am one with His perfect wisdom, which is now ordering my life in divine harmony and health."* Ask for wisdom; then affirm divine order. Put yourself in unity with Spirit. Then you will come into the consciousness of a new world of thought and act and find yourself doing many things differently because the orderly Mind that directs the universe is working through you. A harmonious relation will be established in all your ways. Whatever there was in mind, body, or affairs that was out of harmony will easily be adjusted when you open the way in your mind for the manifestation of divine order.

The bringing forth of man even in the material sense is an orderly process. The birth of Jesus is an example. His coming was foretold and arranged beforehand. It was not left to chance. His mother

"magnified" the Lord before He was born. This illustrates that it is necessary to have order from the very beginning. The bringing forth of John the Baptist is an example of the coming of another state of consciousness and of the necessity of law and order in prenatal culture.

This spiritual law is operative in food and clothing. If we think about order and harmony our taste in material things will change. We shall desire the purest foods, and there will be more harmony in the colors we choose to wear. "If God doth so clothe the grass of the field . . . *shall he* not much more *clothe* you?" Some people think it is impossible for man to be clothed like the lilies. But if man stands above all creation, has he not power to clothe himself in the richness and glory of Spirit? Out of the air we may manufacture the things we eat and wear. This is not a flight of fancy. Chemists are already considering the possibility. It is not an assumption of theoretical metaphysics that we may be able to make our food and clothing from the air, but a logical conclusion that follows the understanding of God as the omnipresent source of all that appears. So long as we believe in the slow processes of what we call nature we shall place ourselves under a law of slowness. But if we know the spiritual law of health and the power of the word, we shall bring into operation in our life an entirely different law. Where is the limit to the power of thought?

So let us begin anew and lay down the law of order in all that we do. If there is a tendency to hurry, let us stop and affirm divine order and rest ourselves in its poise. Geologists tell us that our

world has been whirling around the sun for over five hundred million years. So you see there is no need to hurry. Remember that you live in eternity now. This thought of omnipresent eternity will alleviate nervous tension. Put every thought and act under the divine law. Even if you think you are going to miss a car, do not hurry. Another car will be right along, and if your mind is in divine order, it will be your car.

If you are disorderly and indefinite along any line, put yourself at once under the order of Divine Mind by affirming daily that the same law that swings the stars in the cushioned ethers is operative in and through your life and all your affairs.

All people who have studied metaphysics and understand somewhat the action of the mind recognize that there is one underlying law and that through this law all things come into expression; also that there is one universal Mind, the source and sole origin of all real intelligence. First is mind, then mind expresses itself in ideas, then the ideas make themselves manifest. This is a metaphysical statement of the divine Trinity, Father, Son, and Holy Spirit. The trinity Mind, the expression of Mind, and the manifestations of Mind is found in simple numbers and complex combinations everywhere.

The metaphysics of the Hebrew Scriptures are based on this law of the Trinity. They were written far ahead of the race thought, and it is probable that those who wrote them did not understand all that was involved in the word of the Spirit. It is seldom that great writings are fully understood. Not many years after Shakespeare's demise a book aiming to

give the names of all the English poets was published in London, and Shakespeare's name was left out. It is said that a great man must be dead five hundred years before his work will be appreciated.

In the King James Bible the Hebrew "Jehovah" has been translated "Lord." Lord means an external ruler. Bible students say that Jehovah means the self-existent One, the I AM. Then instead of reading "Lord" we should read I AM. It makes a great difference whether we think of I AM, self-existence within, or "Lord," master without. All Scripture shows that Jehovah means just what God told Moses it meant: I AM. "This is my name for ever, and this is my memorial unto all generations." So instead of "Lord" say I AM whenever you read it and you will get a clearer understanding and realization of what Jehovah is. God was known to the Israelites as Jehovah-shalom: "I am peace." You can demonstrate peace of mind by holding the words *"I am peace."*

We should not fail to think always of the spiritual law under which the I AM moves. It is possible for man to take I AM power and apply it in external ways and leave out the true spiritual law. In our day we are proclaiming that man can use I AM power to restore health and bring increased happiness; in fact, that through righteous, lawful use of the I AM he can have everything that he desires. But some people are using this power in a material way, neglecting soul culture, building up the external without taking the intermediate step between the supreme Mind and its manifestation in the outer. We should remember that the soul must grow as well as the body. For example, a man was overtaken

with physical disability and loss of eyesight some years ago. In his extremity he turned to the spiritual law for help and was very faithful in its mental application. I saw him not long since; his physical condition was unchanged, but there was a great change in his mind. He had found the light and he was filled with inward rejoicing. He had become blind that he might see. However his family thought all his dependence upon Truth had been a failure because his physical sight had not been restored. During all these years however he has managed his business, it has prospered, and his family has been well provided for. He was himself for a time disappointed and rebellious because his eyes were not healed; but now he is glad, because through the prayers and meditations he has found the inner light. His physical sight will be restored when he has made the complete connection between mind and body.

So if you find yourself disappointed because you do not at once demonstrate health or success, be at peace and know that your earnest prayers and meditations are working out in you a soul growth that will yet become manifest beyond your greatest hopes.

It is easier to seek the Truth willingly and be watchful and obedient than it is to be forced by some severe experience. Hard experiences are not necessary if we are obedient to the Truth that saves us from them. Time should be given to prayer and meditation daily. We cannot grow without them, and no man who neglects them will successfully develop his spiritual powers.

We are receiving new truth in all fields, and if we are to use it, it seems most important that our

religion be progressive, that we get new and higher concepts, and that we see deeper and more scientific relations in the lessons and experiences of those who have preceded us in study and demonstration of spiritual Truth.

If there is science in the universe, there must be science in the Mind that projected the universe. If there is mathematical accuracy and order in the material world, there is a like accuracy and order in the mental world. If there is science in the relation of atom to atom, if there is science in the current that flows over the wire and sets in motion the electric fan, there must be science in the Mind back of all these manifestations.

God created all things by His mind, by His thought, by the power of His word. The divine fiat went forth, "Let there be," and there was. The one Mind is still projecting itself into the universe, and its law of health is expressed by man through thought rightly directed. The highest expression of divine thought is man. God created man in His image, in the image of perfect health. How important then that man should study the science of mind and in every way seek to find the law lying back of the harmonious universe in which he functions.

If we make living cells through the power of thought, we should know something of the law underlying the process. On every hand thoughtful men are searching for the scientific cause of things. Here is an illustration that came to my attention. The woman in the case, an ardent Unity student, had a husband who thought Truth was all foolishness. She did not urge it upon him directly, but she would

call his attention to various healings. He paid no attention until his mother was healed of a mole on her face. This woman said to her husband: "Your mother's healing was due to the withdrawal of her nourishing thought. That mole is gone." "How did it go?" he asked, showing some interest for the first time. His mother said: "I withdrew the nourishing thought. Before that I had mourned over it and wished it were not there, and that nourished it and sent vital forces into it and it kept growing." "I suggested that she quit thinking about it," said the wife; "that she quit nourishing it, and it gradually withered and disappeared." The husband said: "I can see how through our thought we do nourish these conditions in our bodies. If there is such power behind this healing system I am willing to think about it. There is something satisfactory in knowing that one may learn how healing works. I can see as a reasonable proposition that mind acts on the body through nerves and that the conditions are nourished by thought. When Mother stopped thinking about that mole, it was no longer nourished and consequently disappeared. That appeals to my reason. I thought this was a religion, a sect; but if it is something that a logical mind can understand, I want to know more about it." You will find persons like that everywhere. They think this is some new religion, and when they come to understand that it is absolute science they are willing to look into it. This man saw Truth when it was explained to him.

We may nourish a good thing by thinking how good it is—a beautiful face, a beautiful form, whatever it may be that is good; but suppose we take the

negative side, shall we then get results also? Yes, absolutely. We shall get just what we think about. The thought of nourishing is a very good thought, because it shows us just what we do. Our mind draws on the vital forces, and according to physiological laws we alter our tissues. Either we tear down our bodies or we build them up.

The universe was not created through illogical assumptions of law. Law is its foundation. There are no miracles in science. Jesus did no miracles. All His marvelous works were done under laws that we may learn and use as He did. As the body is moved by mind, so the mind is moved by ideas; and right here in the mind we find the secret of the universe. This is where Jesus differed from ordinary men: He knew He was the Son of God; He knew the power of spiritual ideas to do mighty works: "The Father abiding in me doeth his works."

Before you can realize the mighty power of ideas you must unify them. All must pull together. Get your ideas in divine order, and a mighty mind force will begin to work for you right away. This divine order is necessary to the upbuilding of both mind and body. This divine order is the "kingdom of heaven" so often referred to by Jesus. To attain this unity and harmony of mind it is necessary to have perfect statements of Truth and to adhere to them in thought and word. States of mind can be set into activity just as through the manipulation of gases, electricity, and so forth we may purify or impart certain potencies to the atmosphere. In a far larger degree ideas change the race thought atmosphere. Jesus had a grasp of divine ideas, and if

we believe in and follow Him we shall come into the Christ state of mind. We become like-minded by entering into the absolute Mind. In the absolute Mind there is only harmony.

As man unifies his own mind forces in the one Mind his body is lifted up into a new state of harmony. If he is not demonstrating this principle, it is because he is not unified with the one great harmonious Mind. He is not expressing this Mind as he should because he is not realizing his oneness with it. Resolve to become one with God through Christ. Harmonize yourself with Him and all your world will be in harmony. Be on the alert to see harmony everywhere. Do not magnify seeming differences. Do not keep up any petty divisions but continually declare the one universal harmony. This will insure perfect order and wholeness. The Christ Mind is here as the unifying principle of this race, and we must believe in this mind working in us and through us and know that through it we are joined to the Father-Mind. That is the Father's house to which, like the prodigal son, we have all so long been seeking to return. In the consciousness of the Father-Mind the unity of God and man is demonstrated.

The fact that you can always return to the Father's house, the ideal world, carries with it the possibility of fulfillment in your life expression. In Being you cannot shirk expression. To think is to express, and you are doing that without cessation. You may deny that these things of the world have existence, yet so long as you live in contact with them you are recognizing their place. A wholesale denial of their existence keeps you even as a house divided

against itself. A reconciliation must take place before you can demonstrate the power of the Christ man over death. Jesus did not say that His body was nothing, but He did say, "I have power to lay it down, and I have power to take it again." He laid it down in corruption and raised it up in corruption. He found that His ideal was not being expressed in the body, which was subject to decay; so He let the corruptible be crossed out and from the ruins raised the body of light, which appeared and disappeared at will. This was the fulfillment of His ministry and the demonstration of the power of the Spirit to overcome the last enemy, death.

All men desire to overcome disease and death. The fulfillment of this desire would be the perpetuation of existence in form. So in the last analysis we see that we all want to continue our chain of expression indefinitely, without break. This has always been the desire of mankind, and the whole world is today and ever has been fighting this monster death. Oceans of medicine are swallowed daily, millions of doctors are exerting all their energies, and prayers unnumbered are uttered in a blind struggle to vanquish this dreaded enemy of mankind. This indicates a most powerful desire to be fulfilled. Jesus showed how it might be done and gave the recipe. He said, "Verily, verily, I say unto you, If a man keep my word, he shall never see death." He also said: "The word which ye hear is not mine, but the Father's who sent me" and "The words that I have spoken unto you are spirit, and are life."

The "sayings" of Jesus were charged with tremendous significance. They raised the idea of man

and God far above what had ever before been conceived. They so far transcended the thought plane of the people that even His followers could not accept them, and many "walked no more with him." It is but a few years since the followers of Jesus began to grasp the power of the word as taught by Him. Who in the past has taken Jesus literally and sought to overcome death by keeping His sayings? Many have believed in His doctrine, and a great ecclesiastical industry has been built upon it as a foundation; but who has taken in full faith the *words* of Jesus and made them flesh of his flesh and bone of his bone by not only believing in them but by saturating his mind with them until they reincarnated themselves in his body? This achievement is the secret of every spiritual demonstration; it is not only a concept of what is true of Being but a carrying out in thought, word, and act of that concept.

We all intuitively know that there is something wrong in a world where poverty, suffering, and sorrow prevail. We would not, any of us, create such a world. We all want to see these things blotted out in this world. This is the index pointing the way to the possibility of doing so. Whatever we see as wrong is for us to right. Lack of health is not prevalent in God's universe, and if such lack appears anywhere it is the work of man, and it is our duty to do away with it.

There is a way, the "highway of the Lord." Will you take that way? It is a broad way, and there is room for everybody. Jesus called it the kingdom of the heavens and said that "all these things" should

be added to those who sought it. This implies that you do not have fully to enter this kingdom in order to have the things added, but you do have to "seek." You must turn your attention in the right direction; then they begin to come to you.

This is being proved by many thousands in this age who have accepted the promises of Scripture literally and are looking to God for every need, health included. They may not in the beginning of the seeking have a single thing to encourage them. They just accept the promise, proceed to carry it out in faith, and act as if it were true, and all at once new life and new strength are theirs. This encourages them to go on still further in seeking this kingdom of God, and eventually they will demonstrate the perfection of Christ.

Prayer for Healing

Elizabeth D. McDowell

Dear Lord, for body, soul, and mind I pray;
Thy life and light are needed here today!
Where lack and illness now appear to dwell,
Thy love and healing speak that all is well;
O let Thy power flood the weary soul
That Thy perfection may redeem the whole;
Inspire the doubting mind to faith and rest
Till Thy great glory is made manifest;
Then flesh shall answer life's renewing call
And rise up still triumphant over all;
Then shall this being stand forth whole and free
In perfect health, the evidence of Thee!

The Way to Freedom

ALMA M. MORSE

EVERYWHERE IN THE WORLD we perceive the urge for freedom. Not only is it evident in the subjugated peoples of certain classes, it is also found in most philosophies and attitudes. "Free us," "safeguard our freedom," and "we will be free" seem to be universal cries.

And it is right for everyone to be free! Freedom is one of the characteristics of God. There is no person or thing compelling Him. He is freedom itself. And since we are created in His image and likeness, freedom rightly belongs to us. This is why we yearn so deeply for its fulfillment.

Since freedom is so desirable, we need to understand what it is. It is not something we appropriate at random. It is not just the liberty to do as we please, for we may desire to do something that is not good for us and would lead to bondage. Nor is it license, for this inevitably ends in calamity, which certainly is not a situation of freedom.

Freedom, then, is best defined as mastery. But it is to be remembered that a master is not a would-be conqueror, preaching that all goodness resides within his own personality. Nor is a master an ascetic who claims dominion as he lives apart from the world and its challenges. Indeed, it has been said that a master is hard to detect. He is not recognized by his appearance, for both the fool and the master may have wrinkle-free countenances—the fool because he

is too foolish to worry and the master because he is too wise.

Indeed, it would seem that mastery is best exemplified in Jesus, who was able to be in the world, but "not of the world"; who, though He had problems, solved them, and whose daily work was to accomplish what others had found to be impossible. This was mastery, indeed! And He was free, so free that neither man nor situation could bind Him. On that first Good Friday He was the one calm man in all Jerusalem. He faced an experience of horror, yet He was master of the situation. This was freedom, indeed!

Freedom, then, is a fruitage, the harvest of mastery. And how may we attain this mastery, which is the only freedom there is?

"Narrow is the gate, and straitened the way," said the Master. He was saying that the path to freedom lies in discipline. Much of the world rebels against discipline and many persons resist it; but discipline is one of our best friends. Compelling and unyielding though it seems to be, it is our munificent benefactor. It is the steadfast direction of the will.

It has been said that early in his career Fritz Kreisler was mediocre and unsuccessful. He had not disciplined himself to the technique required of a master violinist. Becoming discouraged, he decided to study medicine. But again, the discipline necessary for the making of a good physician was distasteful. So he took up painting, but with similar results. Then, he decided to enter the military service, where he learned strict and demanding discipline. When he had completed his military service he returned to his

study of the violin, this time to discipline himself in this field properly. In solitude for eight weeks he practiced monotonous exercises. And it was out of such discipline that Fritz Kreisler emerged a master, free at last.

Too often there is a great chasm between what we want to accomplish and our willingness to perform the tasks necessary for attaining it. But there can be no fruitage of freedom until this gap is closed. Mastery over problems in our lives comes as we meet our problems with true discipline of thought and attitude. The ancient Greeks had a custom of hanging their aeolian harps on the branches of trees. When the wind blew the harps would give forth beautiful musical tones. And the more violent the wind, the more exquisite was their music. So it is with those who have accomplished the freedom of self-mastery. The storms call forth their greatest fulfillments.

However, as vastly important and indispensable as discipline is in the attainment of freedom, there is something else without which there can be no freedom at all. It is dedication—the constant giving of oneself to the highest, regardless of what other compulsion seems to present itself. The disciplined person is not completely master until he is dedicated in consciousness to Spirit, which is the source of inspiration. Without dedication the disciplined person merely plods through life. With dedication he attains the height of divine inspiration.

There is an old hymn that goes, "Make me a captive, Lord, then shall I be free." It is only when we have been mastered by something really worth while that we become masters and free persons.

Let us, then, freely dedicate ourselves to the discipline of faith—faith in values worth disciplining ourselves for, faith in the wholesomeness and integrity of God's universe, faith in the worth-whileness of the spiritual way of life, faith in the Christ within, which is our own goodness and our own "Godness."

Then it may be said of us, as it was of King Lear, "You have that in your countenance which I would fain call master."

He Knows

Thelma Elaine Thomas

Did I say can't or afraid today?
Did I say hope instead of pray?
Did I wish for something that is mine to claim,
Or secretly covet another's gain?
Were my thoughts and my words all chosen with care?
Were they ones that with God I gladly would share?
How loving and patient God surely must be
To look beyond, when I fail to be *me*!
But, you see, He knows my efforts are true;
And this moment, thank God,
I can begin anew!

"Love One Another"

L. STEVENS HATFIELD

When Jesus . . . saw none but the woman, he said unto her, Woman, where are those thine accusers? hath no man condemned thee? She said, No man, Lord. And Jesus said unto her, Neither do I condemn thee.

THE LOVE THAT Jesus felt for mankind was filled with understanding and compassion. His love was based on the premise that all men are sons of the Father and have within them the possibilities of perfection. To allow a free flow of love and blessings from the heart into the outer life is the secret of rich, full, and satisfying living. Every thought or gesture of love and helpfulness brings rich returns. But to feel love in your heart and mind is not enough. You need to give expression to love in practical ways. When you are patient with the person whose words or actions seem irksome, you are applying the principle of love. When you say the kind instead of the clever thing, if the clever would hurt another, you are applying the principle of love. When you are generous in your appreciation of other persons, when you are courteous to all—family, associates, strangers—when you are good-tempered under trying circumstances, you are applying the principle of love. Everything you say or do that promotes good feelings and happy reactions is part of the practice of love. John stated it thus, "Love one another."

The love of God is present in each of us, but to

feel its warmth and blessing, we need to let it flow through our minds and hearts into our own lives and into the lives of those around us. This radiation gives us joy and makes our lives truly inspiring.

Is it not a comfort to realize that at this moment God's love surrounds you and cares for you in every way? You only need to live from moment to moment in this realization to be free from worry, to stop fretting about the future, to know that the present moment and all future moments are yours to enjoy and to glorify.

If you want more love in your life, you must begin to express love in all that you think and say and do. Love, like all other God-inherent qualities, must be used if it is to be of any practical value to you. Love is already within you; but to be of any use to you, it must come forth into expression. You must think about it, feel it in your heart, let it grow in your consciousness, let it flow to all whom you meet. In this way, you become the channel for its expression. When you keep the spirit of love alive in yourself you help to keep it active in the place where you are.

Daily, at the advice of Jesus, you should cleanse your entire consciousness of every grudge, every hurt feeling, every unforgiving thought, and recognize the loving presence of Christ in all persons. Such forgiving activity is a healing tonic that quickens the body with great purifying surges of new life. It blesses all relationships and all affairs with glorious new purpose and harmony. Paul recognized this, for he said, "If I . . . have not love, I am nothing."

If you find yourself involved in an inharmonious

situation, try using love. It may not be easy to understand the actions of others; but as you consciously give expression to the love of God, you create a world of peace and harmony within you and about you. As you dwell in His world of love, there is no room in your heart and mind for anything except harmony and happiness.

When we are told to love one another our lips say, "Yes, I know that I should love everyone." But it is often difficult to express love in a situation in which our pride has been jolted, our security threatened, our trust betrayed. Yet the one who persists in holding to the love that God has implanted in his heart finds that every unhappy state of mind can be resolved in love's illumination. In spite of what others have said or done, we know the harmony and peace that make life beautiful and right and good for us.

"Let us love one another: for love is of God; and every one that loveth is begotten of God."

Love not only perfects your own life; it is also the answer to your desire to help others. No matter what the need or problem, let divine love flow through you to the one you would help. Let it surround those dear to you, guiding and guarding them whether they are near or far away. Let it flow to the stranger on the street or to one whose story you have read in print. As you express love in ever-increasing measure, you will grow in spiritual grace. And you will reach ever closer to at-one-ment with God, for "he that abideth in love abideth in God."

When we let God's love permeate our minds and hearts and express itself toward everyone and every

condition in our lives, then all things automatically become right. Love overcomes every obstacle from the smallest irritation to the biggest problem we have to meet. Whenever things seem to be going wrong, let us stop and search our hearts for the unloving thought and replace it instantly with a loving one. God will help us to meet the experiences of our lives with His love, if we only give Him opportunity. A carefully chosen word to another person can change the course of his life. A loving act can shine as a guiding light. We need only turn to God; and as quickly as a breath is taken, His love will flood our hearts so that we will have all we need to meet the experiences of life and to share these experiences with others. Jesus admonishes us, "Love one another, even as I have loved you."

The greatest commandments given to the world are those concerning love—the love of man for God and for his fellow man.

"Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. . . . Thou shalt love thy neighbor as thyself." The love of man for God and the love of man for his fellow man can bring to the world the great healing that it needs. Underneath all the discord that appears on the surface reigns the law of infinite love. There is never any harmony or any satisfaction in the life of an individual until his whole life conforms to this law.

Begin to think of yourself now as living under and being governed by this law of love. Let your actions be prompted by love, your decisions based on love, your thoughts and words filled with love. Be-

ginning this moment, meet with thoughts of love any inharmonious condition or situation that may arise in yourself or in the world about you. Impregnate your mind with the idea that perfect love reigns in your life and in your world. Become divinely conscious that "love . . . is the fulfillment of the law."

As you express love toward others, love will be expressed toward you until it becomes the atmosphere in which you dwell. By the light of this love all your thoughts will be illumined, your thinking made clear and true, your actions blessed. Thus, you will be led in the way of true happiness and fulfillment.

When you express the love of God, you try to understand the needs of others. You try to be as much help to others as possible. You need not sacrifice your own individuality for other persons, but you should give the same interest and consideration to their aspirations that you want for your own. You will find that as you express more of the love of God differences are overcome, and peace and harmony reign.

Whether you know it or believe it, everyone has love in his heart. God put it there. It is your duty, and it should be your pleasure, to let this love flow forth to bless others as well as yourself, to let it shine in your eyes, to enliven your step, and to speak through your smile. This spirit of love within you will uplift, sustain, and strengthen you. It will cause you to expand with love so that in all your contacts there will be no room for hate, fear, worry, or discouragement.

Your business is to express the Christ love in your human relations: to be kind in speech and action, to be considerate of the feelings of others; in short, to practice the Golden Rule—and to be the one to practice it first. When peculiarities, annoying habits, or irritating appearances of any kind cause you to become critical or impatient with others, stop and begin silently to praise the Christ ability in them, which can overcome all negation. React only to the Christ in them. Be a friend to those who are lonely or in need of understanding and kindness.

"And above all these things *put on* love, which is the bond of perfectness."

God is love, and love is ever seeking to give of itself to the beloved. When at times you feel overwhelmed because of the negative appearances in your life, remind yourself that it is not your personal will that sets you free but the power of the indwelling Christ. Put your trust in Him. Think of Him not as an impersonal principle but as a loving presence that is aware of you every moment, caring for you, guiding you, inspiring you to think in terms of the needs and desires of another's heart rather than in terms of what he says and does. For, no matter what a person says or does, his heart is seeking love and understanding. It is said that "love is Truth in action." Give love and you will receive love, because you will be speaking and acting in accordance with the highest law of Truth that you know. Divine love protects and sustains you wherever you go and gives purpose and meaning to all that you do. It inspires your mind so that you act intelligently and without making mistakes.

Love is God's will for you. Knowing this, you can trustingly and triumphantly go through seeming confusion to the establishment of your perfect good. You can relinquish your own preconceived ideas for carrying out the day's tasks and listen to the voice of Spirit within you for guidance. Though your own plans have seemed good, know that God's are better and offer no resistance to His leading, which will come to you in the form of new, fresh, uplifting, enlightening ideas.

As you become more aware of God's love being infolded in you, you will develop a new outlook on life. You will become more active in carrying out original ideas, more receptive to the promptings of the Christ within you. Each day's activities will give you a sense of real accomplishment. Even though you anticipate only the good, you will be continually amazed at the abundance with which your every need or desire is met.

"Herein is love, not that we loved God, but that he loved us."

Try to love rather than to be loved, and all the beauty and sweetness of love will grow within you and lighten your life. Love other persons, and they will love you. Love God, and the love of God will bless your life. Practice love, the true love of the heart, and love will fill your being. Speak words of love, and they will create love. As you pour forth love, it will pour back to you from your family, your friends, your neighbors, your associates. Keep your heart filled with love and good will toward everyone. Let love express itself through you in friendly, cheerful words and gracious acts of kindness and

consideration. Your expression of love and good will will attract the same response from others, and your life will be filled with joy and happiness.

God's love manifesting itself through you is all-powerful in adjusting all things, in melting away all error. God's love, His peace, His order, and His harmony now flow into your thoughts and into your home and your business and your everyday affairs. There is nothing wrong in your life that divine love cannot heal or adjust.

"This is my commandment, that ye love one another, even as I have loved you."

"Love never faileth."

What Is a Friend?

Jessie Wilmore Murton

What is a friend? He is a star
To light the dark; a door to bar
Against all loneliness; a key
To rooms the heart alone may see.

A friend's a refuge in the storm;
A glowing flame, the soul to warm;
A garden beautiful with flowers,
Whose fragrance cheers the aching hours.

Not all the words of every tongue
In which the songs of men are sung—
Though spanning earth from end to end—
Can tell the whole that makes a friend!

Even Our Faith

KATHRYN SANDERS RIEDER

Faith Is Vision

As our faith increases, we see everything with new eyes. We learn for ourselves that faith is vision. A more comprehensive view of all things is one reward of increasing faith. Through faith we lift our eyes from the ground to higher thought and new understanding.

So many things are not what they seem. "Why, this condition is something entirely different from what I had supposed!" we acknowledge. It is then that we see more clearly with the eyes of faith. All persons need to look at their own lives with the vision of faith. It will show them what their lives should be before they seek ways and means to change them. Faith encourages us to envision ourselves as we may become in proper relation to our world.

If our faith is made active, our minds will yield more and better ideas. One mother asked her children not to use the first word that came to mind in expressing their thoughts. Often it would be an overworked word, she told them. She encouraged them to think a second time for a definite and accurate word that more nearly expressed their thought. The children's vocabulary and imagination grew as they made a game of the exercise.

The same is true in forming plans and ideas of vision. Instead of accepting and using the first idea, a second or third may well be considered. Not one

of two but one of several ideas may prove the way of foresight and vision. This is the way of showing faith in the power to look deeper and to find a second truth.

Faith always applies the wisdom of insight to draw more from a situation that at first seems apparent. It is said that without vision a nation will perish. It is just as true for the individual. We recall that Jesus envisioned His life as being about His Father's business. And all of us can bring vision, based on faith in God, into our daily activities. It will help us to find new and better ways of living —ways to make our time go farther, ways to help those who need us. Faith as vision enables us to choose what is really important for reaching our distant goal. With our goal set we can then understand what must be done to attain it.

Many persons in administrative positions learn to think with insight and vision. One woman accepted new work as a housemother for a group of college girls. Some of her friends who had professional training for such work were startled by the effortless way in which she took charge of the group of exuberant girls and molded them into happy, well-trained, self-controlled young women. Her friends thought that she had not made enough rules for the girls, and they anticipated trouble for her. They saw, however, that the girls were completely devoted to her. When pressed for an explanation the woman said that she had envisioned the atmosphere of a good home for them. She had faith in the girls and told them so. She expected that a few of the girls might fail to justify her faith in

them, but she counted on the majority's co-operation and received it.

The girls quickly assumed responsibility without many restrictive rules. The housemother held the reins of authority lightly, so that they were only helpful in giving the girls an understanding of what was expected of them. She had promised to keep rules at a minimum if they co-operated. Mutual consideration and friendship were the result of her action with vision born of her faith.

Vision to see ahead to a goal enables us to see the unimportance of many small things that may disturb us. Trivial detail can be submerged in the satisfaction attending a great goal for which we labor. Hard work can be given gladly. We can assume more than our share of some work, so that it may prosper. This vision, which faith gives us, starts us on the way to new heights, and we see the goal we desire to reach.

Faith is vision because it enables us to see new possibilities in the materials with which we work. A teacher sees more than playful, immature, and restless children in her classroom. She sees future homemakers, skilled workers, politicians, lawyers, doctors, ministers, teachers, poets, musicians, and athletes. And she sees herself helping them to form good character habits and to create storehouses of useful information.

In all lines of work our materials seem to respond immediately when they are used with vision. A reporter who once wrote a series of articles on successful men commented on the wise way these men had used their materials and opportunities. He

was impressed most by the fact that they had worked with what tools they had at hand. "Why," he told a friend, "I saw that I might have been as successful had I used what I had and worked as hard and had their faith!"

Faith encompasses vision, for it shows us how to apportion time among various activities. Play and recreation are necessary, but we are not living to idle away most of our time. A reasonable amount of recreation is good, though, because it refreshes us and enables us to do better work.

Some think they would like to spend their time traveling and to be done with work and responsibilities of all kinds. Yet some of the most unhappy persons are those who are retired and have too much leisure. Idleness is a real foe to all who desire to make the most of their abilities. The vision born of faith can alert these persons to the fact that there are many others who need them and their help. Perhaps this help can be given individually, or perhaps through some organization for this purpose. Whichever way is selected, it can be done in an efficient way, which will show vision born of faith.

The vision born of faith gives us the insight to see our own place on earth in proper perspective. Vision shows us the place for which we are best fitted. Our place will then suit our abilities instead of causing us to struggle for some impossible goal. Our concern should be to live according to our best. It is not vision to injure health and disposition on some activity for which we show no aptitude or interest. Nature shows approval of our efforts by our success and ease in performing them. If success

seems long in coming to us, we should seek our true work, for we are missing the pleasure and satisfaction to be found in doing our own work.

A young man once wanted to be a poet. He desired that his verse be published in only a select group of magazines, but he suffered disappointment. He was told by an older man that he did not have a true desire to write; it was evident, this man said, because he was interested only in the honor and financial rewards he expected his poems to bring him. A successful poet told him that if he really wanted to write no one or nothing could prevent it. He would first have to learn the basic techniques of writing poetry. He would have to read, think, study, and practice. Then one day an editor would accept something he had done. All this would be possible if he had faith in himself and worked, the poet promised. The young man realized that he needed a deeper faith and vision in the use of his talent and set to work humbly to build toward his goal.

Faith that results in vision shows us the value of having available as many facts as possible about what we want to do in life. We can compile these facts before we try to reach a decision on what our goal is to be. Though we can and should seek all the counsel possible about living the life of faith and vision, we are actually our own expert in many ways. It woud take true experts years to collect the information about us that we have at our fingertips. It requires on our part only careful consideration born of faith and vision. Vision will suggest lines of behavior for us to follow.

Not only must we seek the facts; we must put them to creative use with faith and vision. The great thinkers of the world have put facts together in ways to make them yield new truths. We are told that creative thinking follows certain lines. A worker becomes so interested in a field that he learns all he can about it and interests himself in solving some of its problems. Then, after a period of thought—and often after sleep—he may have an idea that he works on rapidly before it is lost. Then he finishes, polishes, and puts the idea into its best form. No matter whether it is to prevent the curling of paper under certain ink or the composition of a symphony, the creative process is the same.

Faith encompasses vision because it involves following the creative laws of God and seeking to see as He sees. It is to give up past heartaches and mistakes in favor of living the present with the vision of God's support and help.

Have you ever envisioned what you would like your life or that of a loved one to be in a week, a month, a year, or even five years? A man may start on a life of vision at any time and "reach the height to which his hopes have taken flight." To see ahead new mountain peaks of incredible loveliness is to set out on the journey to reach them. Faith clears his eyes with growing vision as he progresses, and new life becomes his.

(To Be Continued)

There is therefore now no condemnation to them that are in Christ Jesus.—PAUL

On the Housetop of Truth

HELEN DOUGLAS FLIGH

TO EXPERIENCE SALVATION, to be saved from negative experiences such as pain, disease, lack, fear, sorrow, and inharmony is the desire and rightful aim of every sincere student of Truth.

In Unity's basic textbook, *Lessons in Truth,* by H. Emilie Cady, we find the author's understanding of God expressed in simple, reciprocal words such as Spirit, Principle, love, wisdom, power, intelligence, and presence. It is not, she explains, that God has power, love, wisdom, and so on, but that God is Spirit, love, wisdom, intelligence, Principle, wisdom, and power. Then, writing of man, she says: "God is. Man exists (from *ex,* out of, and *sistere,* to stand forth). Man stands forth out of God." Farther on, the author says: "The great whole of as yet unmanifested, Good, or God, from whom we are projections or offspring, in whom 'we live, and move, and have our beings' (Acts 17:28) continually, is to me the Father—our Father; 'and all ye are brethren' (Matt. 23:8), because all are manifestations of one and the same Spirit. . . . There is no limit to the Source of our being, nor to His willingness to manifest more of Himself through us, when we are willing to do His will."

Finally, Doctor Cady reminds us of the words of Jesus to "call no man your father on the earth: for one is your Father, *even* he who is in heaven."

No one more than Jesus Christ has ever been able rightly to reckon the limitless, inexhaustible source of man's being or to make of himself an open channel through which this powerful, benign source might manifest its unlimited good. Recognizing this fact, it is well for us to ask this question: What idea of God and man did Jesus hold that enabled Him to assert mastery over all the evils with which He came in contact in His daily life among men—the same negative influences with which we come in contact in our daily lives?

In startlingly poignant statements, Jesus revealed to us the secret of successfully overcoming false claims of the mortal mind. Triumph over error is not a miracle of the past or a victory to be gained by only one person over a period of three short years. It is a way of living that is open to everyone who will follow the teachings of Jesus.

One invaluable statement of Truth that Jesus gave to us is, "Ye shall know the truth, and the truth shall make you free." Equally important, but less often quoted, is the admonition He gave to His followers in these words: "Let him that is on the housetop not go down to take out the things that are in his house."

"On the housetop" of Truth, Jesus could understand completely His and mankind's true status as offspring of pure, spiritual Being because He understood the basic premise of man's origin. "Let us make man in our image, after our likeness," God said when He conceived and brought forth into form His only begotten idea of man. Jesus determined His and man's true worth by His realization of the

power, love, Principle, love, and life that imaged the Christ of God within man. He never accepted any other basis for His determination.

Possessed with the divine wisdom that is every man's birthright, Jesus intuitively knew that His eyes were created with the power to behold and to know that "good is all there is." Jesus discerned that to appropriate knowledge of both good and evil to oneself does not open the eyes but blurs them to the vision of Truth and dims the awareness of true Being. Jesus knew that to believe in both good and evil is to try to serve two masters, which He said one cannot do, "for either he will hate the one, and love the other; or else he will hold to the one, and despise the other. You cannot serve God and mammon."

Jesus did not accept outward appearances as real or eternal. Knowing that the material sense of appearances is never the reality of life, Jesus did not believe according to the physical evidence that presented itself to Him. In the light of such teaching as, "All things whatsoever ye pray and ask for, believe that ye receive them, and ye shall have them," and with the overwhelming support of the healing of all those who went to Him, it is obvious that Jesus believed only in the presence of God, in His love, His willingness, and His power to express Himself in the life and activities of man wherever and whenever He is believed in and called upon.

It is often in the silence of prayer and meditation that we are able to ascend to the housetop of Truth. In the stillness of contemplation our spiritual eyes are opened to the allness of God and our oneness with Him, the Spirit of our eternal self.

It seems likely that it was through the custom of solitary communion with the Father that Jesus was able to remain on the housetop. We are told of many occasions when Jesus dismissed the evidence of mortal man and withdrew into His oneness with the Father through the channel of prayer. "And after he had sent the multitudes away, he went up into the mountain apart to pray: and when even was come, he was there alone." "And in the morning, a great while before day, he rose up and went out, and departed into a desert place, and there prayed." "He went out into the mountain to pray; and he continued all night in prayer to God."

Secure in uninterrupted beholding of the Father, how marvelous was the calm knowing of Jesus that ever-present, all-powerful Truth unfailingly bears witness to its own inexhaustible goodness. Abiding on the pinnacle of Truth, Jesus heard only the voice of the Father proclaiming the Christ ideas of Himself as power, love, health, abundance, and harmony, "everywhere evenly present." And "As I hear, I judge," Jesus said, "and my judgment is righteous; because I seek not mine own will, but the will of him that sent me."

Jesus believed in man as the perfect image of God with eyes that see, ears that hear, bodies that express wholeness, circumstances that reflect peace and harmony. With His inner spiritual ability, He heard the Father saying of man, in effect, "This is My will." Jesus did not come down from the housetop of Truth to take out of the mortal mind of man any of its erroneous ideas of sickness, disease, pain, doubt, envy, or prejudice. He did not accept the testimony

borne to Him through the flesh of the sick and anxious. Neither did He accept as real the turbulence of the elements.

A few years ago I met a woman who was returning home after having traveled several hundred miles to ask spiritual help in what she called a "serious" physical condition. She had sought and obtained audience with a trusted Truth leader, one who had progressed far in spiritual understanding and had been instrumental in helping many other persons to overcome belief in error conditions, or evil. The woman said that this leader sat patiently while she explained in detail all the symptoms of disorder, pain, and inharmony that she was experiencing. When she stopped talking and was near exhaustion, she told me that the man looked at her with a searching gaze, then calmly said to her, "You have not told me one single word of Truth," and, standing, dismissed her.

As we discussed the experience, we began to understand the meaning of the leader's words. He had refused to come down from the housetop of Truth. He was judging her as if he heard the Father saying of her, "This is My child, made in My image and after My likeness." He was seeing health, happiness, prosperity, harmony, all qualities of the divine, as radiantly active in her life and affairs. This was the Truth instead of the appearances of negation in regard to her status as the offspring of unlimited good, or God.

Jesus said: "I can of myself do nothing." "The Father abiding in me doeth his works." How helpless is the human mind to refute the disintegrating

suggestions of error! A moving illustration in the handling of negative ideas is recorded in The Epistle of Jude, when the archangel Michael refused to enter into a useless dispute with the Devil, or error, over a controversial question designed to sway Michael from his course. "The Lord rebuke thee," the archangel said, realizing the relative unimportance of the question.

When we, too, are able to dismiss from our minds useless questions that seek to divert us from our true course by turning them over to the Father for rebuke and standing firm in our desire to serve only one Master, we shall "judge righteous judgment." We shall realize the fulfillment of our purpose through the consciousness that maintains us in our likeness to the Father, knowing that He does not allow anything to be manifested in our lives that would separate us from Him in whose image we are created.

Jesus practiced Truth from the housetop of perfection, and He said, "He that believeth on me, the works that I do shall he do also; and greater *works* than these shall he do." Jesus had a perfect understanding of the Father and of man. And when He found within the Temple those who would have desecrated it, He "cast out them that sold." Likewise, we may cast out of the temple of our being all error thoughts that would traffic with our priceless heritage of knowing Truth and our ability to remain "on the housetop." That Jesus felt it necessary to warn us against coming down from our high level of spiritual discernment makes it apparent that we are never completely immune to the suggestions of

sense perception. It also makes us realize that it is an individual privilege to "let" oneself remain on the housetop of Truth or to "let" oneself come down.

It was only after his eyewitnessing of the crucifixion and resurrection of Jesus that Peter was able to triumph over his belief in the senses of the physical man. It was only then that it could be said of Peter that "he went up upon the housetop to pray." On the housetop of understanding, where he discerned the divine image of the Father in man, Peter could stand and say to the lame man: "Silver and gold have I none; but what I have, that give I thee. In the name of Jesus Christ . . . walk. . . . And leaping up, he stood, and began to walk; and he entered with them into the temple, walking, and leaping, and praising God."

As we turn within to the Father through daily and hourly prayer and meditation, we find it easier to remain on the housetop, as Jesus admonished us to do. We find, too, that our circumstances, health, prosperity, and success will be manifested in harmony with our inner understanding and vision. Considering ourselves as children of the unmanifested good, our only true source of Being and our Father-God, we understand what Paul meant when he admonished us to "pray without ceasing." We learn that this constant, humble appraisal of ourselves is prayer without ceasing.

God is our refuge and strength,
A very present help in trouble.
—PSALMS

"One Greater" Is Here

MARY L. KUPFERLE

A FRIEND REMARKED recently that many years ago she had attended a number of the noonday silences conducted by the Truth teacher Emmet Fox in New York City. She mentioned that it was during a period of outer world depression and limitation. The auditorium in which the services were held was filled to overflowing; and as the offering baskets were moved along, they became so heaped with money that some of them almost overflowed.

She said that this Truth teacher, in his quiet and sincere manner and with humble and deep faith, worked steadfastly through prayer and his noonday messages to help his listeners understand that there is "one greater" than the appearance, "one" who is always willing to supply abundantly according to individual recognition, faith, and acceptance. My friend concluded, "There was daily evidence of the truths he taught."

Whatever your situation at this time, whether it concerns finances, health, or human relationships, remember that there is One greater, who is the only real presence and power in your life. Recognize this truth, have faith in it, accept it, and good will begin to manifest itself through you and about you. And you will have daily proof of it in your life!

If you will take a few moments to reread the 12th chapter of The Gospel According to Matthew, you

will see that Jesus worded this truth on one occasion when His apostles met with criticism and condemnation from the Pharisees. The Master and His apostles had eaten grain on the Sabbath, which was against the established religious rules of the times. When questioned by the Pharisees concerning this action, Jesus reminded them that David had at one time entered the house of God and eaten the showbread, "which it was not lawful for him to eat." Jesus then said, "But I say unto you, that one greater than the temple is here."

The importance of this simple statement may not have been caught at that moment by minds so filled with concern over the keeping of the letter of the law that the spirit had been forgotten. He was not telling His hearers to forsake rules that had been established for the good of mankind but that there is a greater law of good than they had discerned, a law that supersedes all outer regulations in its provision for abundant goodness and blessings to mankind.

He wanted them to understand that no building, no elaborate and beautiful ritual, no established custom, however good for the individual, can either take precedence over or measure up to God's vision of goodness and the blessings He has prepared for His creation and offspring. He meant that neither the temple nor the altar nor the Sabbath itself is to take dominion and authority over man. He wanted them to realize that Spirit, God, spiritual man, and Christ indwelling are greater than anything visible to human eyesight, anything tangible to human touch —greater than anything of any kind conceived by or built for humanity.

It means to you and to me today that One greater dwells within us as our very lives, regardless of any seeming lack, weakness, inability or insufficiency within our body temples. It means that this One is ready, now and forever, to supply all we can desire in the way of wholeness and perfection—over and above and beyond all human decree or personal conception. It means to you and to me, right now, that this One is here, not only within our body temples, but within the situation that seems impossible of right solution. This One is ready to supply us instantly with all the intelligence, power, discernment, and courage we need to see all things brought into order, harmony, and happiness.

Some years ago, a young woman called on a Unity counselor for help for her mother, who had been given no hope by physicians following a serious operation. The daughter knew nothing of the Unity teachings; but desperately she seized upon the suggestion of a friend and asked the counselor to go with her to the hospital immediately.

She remarked later: "I don't know what I expected; but, at first, I felt disappointed when the counselor arrived, he was so average in appearance. But as he spoke I felt the presence of something greater right there in the room. I know now that it was the awareness of the presence and power of God that he brought with him into the room. It was that 'one greater' which helped us to recognize and to accept the truth of healing."

A short while later, the mother, who had not been expected to live, asked that she be permitted to return home. The doctors, upon examination,

could find no evidence of the difficulty noted earlier. The remaining full and happy years of this woman's life were of outstanding benefit and blessing to her family and friends. They remarked that it was as though she were filled with a new spirit, something "greater" than ever before, and a "greater" nature was in evidence in her manner and being.

In another instance, a young businessman found himself confronted by resistance when he presented a plan to his superiors, a plan he felt would increase the benefits to the business and all concerned. Knowing something of the Unity teachings, as the doubts and criticisms began coming to his attention, he held to the truth that there was a presence and a power in him and in the situation that was greater than all outer disbelief, human scoffing, reasoning, or argument. Instead of indulging in much talk in an effort to uphold the idea presented, he kept silent, his thoughts prayerfully turned to the statement, *"One greater than any personality or human opinion is in charge."*

He said he knew that no one, no condemnation, no ridicule, no amount of human reasoning could possibly deter the acceptance of the plan if it was right and good and in divine order for the organization. He knew that if it was right it would be put into practice and used for the benefit of everyone. He knew that this would not be brought about through argument but through the silent, spiritual activity of God within every individual, through the One he acknowledged to be at the head of the organization.

Several months passed, and the day for final presentation of the plan arrived. Throughout the morn-

ing telephone calls continued to belittle the plan and its possibility of success. While he held fast to his faith in the One greater than all, the meeting was held. And it was completely harmonious. The plan was accepted, put into use, and proved the success the young salesman had believed it could be.

In each of these instances all outer evidence was against a happy and harmonious outcome. Man's personal reasoning was against it. Man's human judgment was against it. Man's opinion was against it. Man's personally applied rules and laws were against it. Regulations lived by in years past said it could not work. Yet it did work, and the happy and harmonious outcome was forthcoming because of those who recognized, believed in, and accepted the One greater within the individuals and within the situation.

Some years ago, a Truth teacher asked one of her students pointedly, "Do you believe what man says about the appearance of this situation—or what God says?" The student, somewhat surprised at the moment, never forgot that question and says that, today, every time anyone gives a verdict from what has been said about some negative-appearing situation—physical, financial, or that concerning human relationships—she hears this question from within: "Do you believe what man says—or what God says?" It sets her thoughts aright, stirs up her gift of faith anew, and reminds her of the One greater than anyone or anything in all creation.

At one time, many years ago, when a particular challenge confronted Myrtle Fillmore and her little healing group, she stood before the workers and

pointed her finger first at one, then another, as she questioned them in this manner: "Do you believe this woman can be healed?" "Do you believe that God is greater than the appearance?" "Do you have faith in God as her perfect indwelling healer?" "Do you accept the verdict of man or the teachings of Jesus?" Her listeners said she seemed to be filled with even more than her usual conviction of Truth at the moment; her small figure was alight with faith, her words were touched with the fire of Spirit.

Immediately, the faith of each member of the group was aroused; lifted above any doubts they might have harbored through the human report that had come to them, through the evidence of difficulty that was so visible and real and apparent to the human sight; and caught up into a new recognition, faith, and acceptance of the Truth of Being, into a new realization of the eternal truth that "one greater . . . is here." The person for whom they prayed, needless to say, received the blessing of healing for which she had asked.

Whatever your particular need at this time, remember that "one greater . . . is here"—One greater than the appearance, the personality, or the circumstance. If you seem unable to overcome grief, remember that One greater than the appearance of loss and separation is with you, that One greater ever dwells in your loved one as the Lord of his being, ever guiding, leading, and directing him into completeness and fullness of desired expression.

If you seek peace, courage, and confidence, remember that the One greater than any limited appearance lives within you, directs the functions of

your body temple, the feelings of your heart, your emotions, fills you with new poise and serenity, and creates new completeness and happiness within and without.

If you are experiencing a period of financial difficulty, remember again that there is One greater than any pronouncement of failure, greater than any multitude of negative thoughts, or words, or actions that seem to surround you. Hold to this One, the presence and power within you, and you will find that all things are working together for your good and that new success and accomplishment are arising right where you stand, right where you are.

If you seem to be filled with doubts and fears concerning your physical being, if verdicts, opinions, and negative reports seem to hold sway over your mind and body, remember that "one greater than the temple is here." Remember that this One lives and moves and has His being in you as the source of your life, strength, wholeness, and perfection. Rest, trust, and wait upon Him, and you will find your entire being renewed and filled with power.

Remember that the "one greater" than the heavens rules the heavens, the stars, the planets and guides and directs their movements. Remember that He is Lord of the earth, ruler of all creation. Remember that He is Lord of your life, ever living within you, momently bringing you into awareness of your divine heritage of spiritual authority and dominion as a son of the living God!

Attend only to Him. Turn your whole thought to the one presence and one power in all, through all, over all. Claim your oneness with this One just

as Jesus claimed it and know that through this same heritage you, too, actually are of God, and unlimited goodness will pour forth into your mind, body, and affairs. You, "in spirit and truth," are immortal, perfect, victorious through that greater One within you. Realize it now: this One is you. Have faith in this truth. Accept it!

"I say unto you, that one greater than the temple is here." It is God, God indwelling, God in you!

"All Things Are Possible"

Iva Winifred Leak

"All things are possible," the Master says, all things!
My spirit listens, and my soul takes wings;
I can attain these goals that I can clearly see
Within the secret, inmost heart of me.

Why do I make my life confined and small
When blessed, high fulfillment waits my call?
God's matchless strength is mine; I need but claim
My birthright in my gracious Master's name.

These hopes and dreams are glowing altar fires,
All lighted by inspired, divine desires;
I will go forth to conquer and achieve.
All things are possible, when I believe!

The Prayer of Faith

God is my help in every need;
God does my every hunger feed;
God walks beside me, guides my way
Through every moment of the day.

I now am wise, I now am true,
Patient, kind, and loving, too.
All things I am, can do, and be,
Through Christ, the Truth that is in me.

God is my health, I can't be sick;
God is my strength, unfailing, quick;
God is my all; I know no fear,
Since God and love and Truth are here.

—HANNAH MORE KOHAUS

I Meet My God in Silent Prayer

from the writings of

CHARLES FILLMORE

Illumination: Thy radiant light reveals Thy perfect will to me. I am obedient "unto the heavenly vision."

Prosperity: Thine unfailing supply rushes to meet my every need, and I am in all ways prospered. All good things are added unto me.

Healing: By the grace of God, through Christ, I am forgiven and healed. Thanks to the Father I am made every whit whole.

INSTRUCTIONS—"Be still, and know that I am God." These lessons on the Monthly Thoughts are based on a deep and inspiring understanding of the laws of mind action, and reveal the path man must travel in re-establishing mind, body and affairs in that paradise within, where sin, sickness, and poverty are unknown.

Each day for the coming month be faithful to the silence hour, first studying carefully each of these little lessons, and then concentrating on the statement given therewith. By so doing these affirmations will be engrafted into the very core of your soul; at the end of the month they will have become a part of your consciousness.

Light must flow from a sphere of light, and we are discovering this sphere exists in each one of us. If we have truly found the Father of light within, we have found the source of all light and freedom—that reveals the answer to every question.

The Christ within is always declaring, "I am the light of the world: he that followeth me shall not walk in the darkness, but shall have the light of life." An important lesson in spiritual development is that everyone has within him the light of divine understanding. Those who do not recognize that they have this inner light are thinking intellectually instead of spiritually. As the Christ light flows forth we are aware of a new and even more profound understanding penetrating and expanding through our whole consciousness and we place all judgment in the Father, knowing that His will is being done. The intellectual man has no conception of this great truth but depends on man-made judgment.

Be faithful to the hour of prayer; prayer changes things. Prayer is a collecting of the faculties and a focusing of the thoughts on a higher plane of mind activity than that on which they ordinarily dwell. Complete concentration of the mind on prayer is best gained in the solitude of one's own thought and in silence apart from all outer distractions. Under conditions such as these, clear thinking is possible, and the universal storehouse of ideas opens its treasures to one. In the name of Jesus Christ, affirm:

Thy radiant light reveals Thy perfect will to me. I am obedient "unto the heavenly vision."

Spiritual wisdom and understanding reveal the source of riches, which is God, the one omnipresent substance. Those who discern this supply and put themselves into harmony with divine law can never fear lack or experience it.

Your thinking deeply about God as a loving Father will draw to you what is yours as the child of a very rich father. This is because ideas from within generate thought currents which act upon the invisible God-substance and bring about prosperity.

Fill your mind so full of thoughts of prosperity that there is no room for lack. The opulence of God in Christ will enrich your mind and will radiate its splendor into your affairs to the measure that even before you ask you will receive.

It may be that some of your well-meaning friends have a way of loading you up with "hard-times" ideas that disperse this prosperity substance that you have accumulated. Sometimes even one adverse thought will cause it to escape; then you must go back and patch up the broken reservoir of substance thinking. You have to hold it in mind in all its fullness and you should never let go of it for a minute lest the work of demonstration be delayed. When you retire at night, let your last thought be about the abundance of spiritual substance. That potent thought will sink into your subconsciousness and work whether you are asleep or awake. Affirm:

Thine unfailing supply rushes to meet my every need, and I am in all ways prospered. All good things are added unto me.

Jesus brought into the race consciousness a universal healing panacea; a combination of the true thoughts that enter into the mind through faith, thereby cleansing and vitalizing the mind and restoring the body to health. This is healing through grace. A king may extend his grace to his subjects—that is, he forgives them their transgressions and restores them to their former fellowship. We have all transgressed the divine law and are suffering the consequences in sin, sickness, and death. Jesus represents the grace of God forgiving us.

This healing by grace must be followed by an understanding of the law and an adjustment of our minds to Divine Mind. Only an individual knowledge of the Truth and our willing compliance to it will set us permanently free. "The truth shall make you free." Are you suffering a bodily ill of which you do not know the mental cause? Our healing word for this month will call to your aid the healing grace of the Lord Jesus Christ.

Forgiveness is a process of giving up the false for the true, erasing sin and error from mind and body. It is closely related to repentance, which is a turning from a belief in sin to a belief in God and righteousness. A sin is forgiven when one ceases to sin, and true forgiveness is only established through renewing the mind and body with thoughts and words of Truth. Affirm:

By the grace of God, through Christ, I am forgiven and healed. Thanks to the Father I am made every whit whole.

The Lord Is in His Holy Temple

YOU NEED NOT MOVE from where you now are to see the world's greatest wonder. The finest work of construction in all the world is the bodily house in which you now live. It is your nearest neighbor, your best friend, the divinely human body in which you dwell. The greatest temple in the world is not Saint Peter's, nor the Taj Mahal, nor the cathedral of Saint John the Divine, but the temple of your own being.

Any attempt to describe the body that we inhabit calls for superlative speech. There is nothing that has been made by the hand of man that can measure up with it or compare with it.

There are many movements known to man's science. Some instance of each one is found in the human body. In man's body are found illustrations of all the mechanical powers, the principles of hydraulics and machinery. In it is a complete chemical laboratory; a perfect thermostatically regulated heating plant; an efficient manufacturing plant; a perfect system of distribution and utilization of materials. In it are the finest cameras, arches, bridges, radios.

God has given us physical machines adapted to our special needs and to every demand life makes upon us. It is evident from the life and intelligence within us that God has not left us alone but dwells with us every moment of our existence. His intelligence presides over each and every function of our body.

The body is an instrument through which the Spirit of God does its mightiest works. It is a house which God has made and in which He lives. It should not be loved too much, surely not above the divine Being that made it and dwells within it. But it certainly ought to be regarded highly enough to make of it a pure and fit dwelling place for God. Since God made it and dwells within it, to Him we look for instruction and guidance in its use and care. With our Father we dwell in His house and find it ever-present with us wherever we may go. It is a restaurant where we eat, a place where we sleep, a schoolroom where we study, an office where we work, a temple in which we worship, a vehicle in which we freely move about, a home where we live, a recreation center in which we find pleasure.

It can be a pigpen, where like the prodigal son we wallow in the flesh, an attic where we store away rubbish, a cellar where we live away from the light, a hospital where we deal with the diseased, a cemetery where we bury the dead; but it ought not to be. The body is the temple of the living God. It should be filled with His light. It should be a storehouse of His treasures. It should be kept pure, clean, holy, full of health and divine energy.

"The LORD *is* in his holy temple" is a realization that we should carry with us always. We are always in the temple of God, and worshiping God if we are always conscious of His presence. Our home is a temple of God if we are conscious of the presence within us when we are in our home. Likewise our office, our church, the great out-of-doors, wherever we may be, is the temple of God if so be that we

are conscious of His presence within us. Surely we can worship wherever we are if we know that God is with us, even within us.

"When I consider thy heavens, the work of thy fingers, the moon and the stars, which thou hast ordained; what is man, that thou art mindful of him? and the son of man, that thou visited him? For thou hast made him a little lower than the angels, and hast crowned him with glory and honour. Thou madest him to have dominion over the works of thy hands; thou hast put all *things* under his feet." "I will praise thee; for I am fearfully *and* wonderfully made: marvellous *are* thy works; and *that* my soul knoweth right well."

Truly we are wonderfully made. The body has its own self-acting chemical laboratories and manufacturing plants. The food we eat undergoes many changes from the time it is taken into our mouths until it becomes muscle, tissue, nerves, bone, hair, and nails. The great indwelling alchemist knows exactly what to do to work the miracle. The indwelling intelligence knows where and what is needed, and how to distribute it. Bodily metabolism goes on without interference with the varied regular functions of the body.

Our eyes are a camera. They have their own lenses, their own darkroom where the pictures are developed. They are self-focusing, self-loading, and self-developing. They take millions of pictures daily in color and enlarge them to life size.

The ears are radios. We may turn the dial and hear any program that we wish in the external world, or we may incline their attention inwardly and hear

the holy utterances of the still small voice of the Almighty, as His breath vibrates within us.

In the body we have ever before us the perfect example of unity and of co-ordination and co-operation of parts. Except the feet agree we cannot walk; except the eyes focus we cannot see; unless the hands co-operate we cannot do our work. Except all the members of the body work together for the good of the entire body confusion results. Should one organ or member be weak or inactive another organ or member will try to compensate for it, until it is again adjusted and becomes properly active. The "intelligence" in each part of the body works toward the welfare of the entire body.

Here is the divine example of love and service for every man in his relation to every other man. "But he that is greatest among you shall be your servant." The great One, our Father, the Creator and sustainer of our bodies, has proved Himself greatest in that He constantly serves us. He who made us constantly ministers to our every need. Every instant He is wholly devoted to us. This great servant watches over the body, making it and its expressions as perfect as we will allow with the material we give Him, through our eating, drinking, breathing, sleeping, exercising, thinking, and praying.

The outer covering of the body, the skin, has a total surface of some two thousand square inches and is under an atmospheric pressure of fourteen pounds to the square inch or more than fourteen tons. What has kept us from being crushed under this terrific pressure? The inner pressure has been equal to the outer pressure. If it were not so we

could not have grown from an infant into an adult body. All growth is from within outward. Never can any power arise that is greater than the power of the indwelling Lord. Never do things revolve so rapidly about us but that within is the quiet, secret place of the Most High.

The perspiration tubes in the skin number hundreds to the square inch. Each tube is about a fourth of an inch long. If placed end to end these tubes would form a conduit ten miles long. Should the work of these little friends stop the body would cease to function. It is well that we have come to wear less, lighter, and looser clothing, for it gives these little friends an opportunity to breathe better. If we should cover ourselves all about with some impervious material we would very soon expire.

The heart of an adult beats approximately seventy-two times a minute, over one hundred thousand times daily, over thirty-six million times a year. What is your age in heart beats? Count up and see what the Lord has done for you. He has kept your heart beating, night and day, day after day, week after week, year after year. It mattered not whether you were walking, running, lying down, or standing on your head, the Lord has kept your heart beating.

Every twenty-four hours about two tons or five hundred gallons of blood are pumped through the heart, traverse the capillaries of the lungs, and are lifted from the soles of your feet to the top of your head. The blood comes to the lungs laden with impurities from food we have eaten or secretions or substances produced by the wrong thoughts we have

entertained in mind. If the blood is not properly oxygenated the whole body becomes poisoned. Hence the all-wise intelligence of the body watches over us and ever seeks to move us in right judgments.

As we consciously co-operate with the all-wise One within us He will cause us to breathe deeply mentally and physically. As pure air contacts the blood in the lungs there is combustion. Carbon dioxide and other impurities are expelled and pure oxygen is received. That which we breathe off is helpful to vegetation, and that which vegetation emits is healthful to us. Hence we see the life-giving communion between the external and internal worlds. We extract vital energy from the air we breathe, from the water we drink, from the food we eat.

The body has its own system of thermostatic control. It is self-regulating as to temperature. Only under very unusual conditions does the temperature in the body vary, summer or winter. The normal temperature of an Eskimo is the same as that of a man at the equator. In this we see the omnipresence of Spirit and we realize that our Father is everywhere evenly present.

What a marvelous habitation the Lord has given us! If we know ourselves and the creation about us even in part, we can momently partake of the Father's pure substance, gaining nourishment from the thoughts we think, the words we speak, the contacts we make with persons and things.

If we cannot with our minds comprehend God right here and now in what we are, then we make of ourselves hypocrites and of Jesus a false teacher by

repeating the Lord's Prayer, saying: "Thy kingdom come. Thy will be done in earth, as *it is* in heaven." We thus declare that the Creator is made manifest in His creation. That which is true of God is true of that which God has made. "I will declare the decree: the LORD hath said unto me, Thou *art* my Son; this day have I begotten thee." If we cannot see the Father in our wonderfully constructed and maintained organism then the Spirit is unawakened in us. "Hereby know ye the Spirit of God: every spirit that confesseth that Jesus Christ is come in the flesh is of God."

The body, wonderful as it is, is not the man. It is the temple in which man lives. It is not the body that has made man, neither has the body made the body. The Lord has made the body. Never for one second of your life has He been absent, or failed in keeping the organs of your life moving freely. He has digested your food, kept your body strong and in repair. If there has been need of healing, it has been accomplished, but without too much interference with the regular and normal functions of the body.

Wonderful as it is, if sold as chemical elements at their commercial value the body would bring less than a dollar. As the skin is not the body but the covering of the body, so the body is not the man but the place in which he dwells. It is only a cloak that he wears.

It has been said that, although man is only about two per cent physical and ninety-eight per cent mental and spiritual, the average person spends about ninety-eight per cent of his time thinking about the two per cent of himself and looking

after its needs! A well-known speaker once declared that the average man does no more than fifteen minutes of original thinking in a lifetime; the rest of his time he spend in copying the thoughts of those about him. Whether these figures are accurate or not, it should be evident to us that we are designed for a divine purpose, and that we should pattern after the One only, who is our Maker. The true man is the image and likeness of God. "Know ye not that ye are the temple of God, and *that* the Spirit of God dwelleth in you?" "The LORD is in his holy temple": keep silence before Him.—*Louis E. Meyer*

BLESSINGS FOLLOW

Grace Meredith

The right solution to a problem anywhere,
At any time, of any kind comes always
With high faith and quiet prayer, stirring
The eager heart and trusting mind;
Wrought with assurance from the Father's love,
In gratitude with true believing thought;
Experiences show that guidance from above
Follows practice of the Truth that Christ
Our Saviour taught.

Sunday LESSONS

These lessons point out the symbology of the Bible and interpret it according to the Unity teaching. Study with an open mind and Truth will convince you. Bible text is taken from the American Standard Version of the Bible, copyright, 1929, by the International Council of Religious Education; lessons are developed from outlines prepared and copyrighted by the Council; both are used by permission.

Lesson 6, August 7, 1955

UNITY SUBJECT—*Loyalty to Truth.*

INTERNATIONAL SUBJECT—*Loyalty under Difficulties.*—Psalms 137:1-6; Dan. 3:13-18.

1. By the rivers of Babylon,
   There we sat down, yea, we wept,
   When we remembered Zion.
2. Upon the willows in the midst thereof
   We hanged up our harps.
3. For there they that led us captive required of us songs,
   And they that wasted us *required of us* mirth, *saying,*
   Sing us one of the songs of Zion.
4. How shall we sing Jehovah's song
   In a foreign land?
5. If I forget thee, O Jerusalem,
   Let my right hand forget *her skill.*
6. Let my tongue cleave to the roof of my mouth,
   If I remember thee not;
   If I prefer not Jerusalem
   Above my chief joy.

13. Then Nebuchadnezzar in *his* rage and fury commanded to bring Shadrach, Meshach, and Abed-nego. Then they brought these men before the king.

14. Nebuchadnezzar answered and said unto them, Is it of purpose, O Shadrach, Meshach, and Abed-nego, that

ye serve not my god, nor worship the golden image which I have set up?

15. Now if ye be ready that at what time ye hear the sound of the cornet, flute, harp, sackbut, psaltery, and dulcimer, and all kinds of music, ye fall down and worship the image which I have made, *well:* but if ye worship not, ye shall be cast the same hour into the midst of a burning fiery furnace; and who is that god that shall deliver you out of my hands?

16. Shadrach, Meshach, and Abed-nego answered and said to the king, O Nebuchadnezzar, we have no need to answer thee in this matter.

17. If it be *so,* our God whom we serve is able to deliver us from the burning fiery furnace; and he will deliver us out of thy hand, O king.

18. But if not, be it known unto thee, O king, that we will not serve thy gods, nor worship the golden image which thou hast set up.

GOLDEN TEXT—*If it be* so, *our God whom we serve is able to deliver us from the burning fiery furnace; and he will deliver us out of thy hand, O king. But if not, be it known unto thee, O king, that we will not serve thy god's, nor worship the golden image which thou hast set up.*—Dan. 3:17, 18.

SILENT PRAYER—*I am loyal to the Truth that I know.*

Everyone is faced at some time with the necessity of choosing what shall command his loyalty. Having made his choice, he assumes the responsibility of giving it his undivided allegiance. Temporizing, veering with the wind of public opinion, or being tactful enough to make oneself liked instead of standing alone in one's beliefs, if necessary, is fatal to loyalty. It may be that "he that is not against you

is for you." But we are meant to apply this standard not to ourselves but to those on whose loyalty we are tempted to pass judgment. For ourselves true loyalty is nothing less than loyalty to the highest Truth that we know. Not only should we be willing to hold to this standard, but we should also be willing to be judged by it. "He that doeth the truth cometh to the light, that his works may be made manifest, that they have been wrought in God."

Where one is true to his convictions he cannot worship to the dissonance of a confused medley of beliefs; he responds, rather, to "one clear call." He rests in the one God, the living God.

The will that is entrenched in intellectual learning is powerful up to a certain point. It may feel itself to be all-powerful; but this estimate is a mistaken one, and is so proved when the test comes. Human judgment is fallible; divine judgment is not. Shadrach, Meshach, and Abednego were true to their first allegiance, which was to God, not to Nebo. They had faith in God to deliver them out of the hand of the king of Babylon, and their faith extended beyond even this point. "But if not, be it known unto thee, O king, that we will not serve thy gods, nor worship the golden image which thou hast set up." Even if they should fail to prove their faith, they would at least not prove recreant to it. They would hold fast to it regardless of results in the outer. They would "cling to faith beyond the forms of faith!" This is what it takes to make one immune to all harm in the testing that proves whether he is prepared to follow God or mammon. The "golden image" represents mammon.

It is for us to examine our own faith to see whether it is firm enough to stand the test of undivided allegiance. Our fears sometimes counterbalance our faith. As long as we fear the misuse of atomic power, we are incapable of entertaining full faith in the coming of peace to the world. As we pray for peace on earth, we should expect it to come and consequently put the fear of war out of our thoughts. The windows of our thoughts and feelings should be open toward Jerusalem, and we should confidently thank God for the eternal peace of Divine Mind and mentally realize that it is now established in the world.

Doubting is sometimes allowed to become habitual. The expression of our faith can be made habitual also. To hold ourselves in a confident frame of mind is to lay a foundation for constructive thinking and living. Daniel could have compromised, could have yielded to expediency. Human judgment, if he had relied on it, might have cautioned him to bow down to the golden image in outward observance of a rite that would have been without significance because, at heart, he would have been worshiping God and thinking only of God. But Daniel did not rely on human judgment. He judged truly that his faith was equal to the test, since he had never departed from it but had been consistently true to it in his life and thought. He was faithful in his service of the king of Babylon. He was as faithful to God in his inner life and in observance of his periods of prayer. The decree that they procured with the intention of catching him was planned with his regular habits in mind. They knew how they would find him. He would not

change the habit of a lifetime to humor the caprice of a king. In the supreme test his faith did not fail him. Our faith will not fail us in an emergency if we develop it into an unvarying habit of life.

QUESTIONS

1. What is true loyalty?
2. In what does human judgment originate?
3. What measure of faith is required to hold us safe in time of testing?
4. What effect on faith has fear?
5. Can faith be made habitual, as doubting sometimes is?
6. Why did Daniel's faith stand the supreme test?

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Lesson 7, August 14, 1955

UNITY SUBJECT—*The Christ Standard.*

INTERNATIONAL SUBJECT—*True to Convictions* (Temperance Lesson).—Dan. 5:17-28.

17. Then Daniel answered and said before the king, Let thy gifts be to thyself, and give thy rewards to another; nevertheless I will read the writing unto the king, and make known to him the interpretation.

18. O thou king, the Most High God gave Nebuchadnezzar thy father the kingdom, and greatness, and glory, and majesty:

19. And because of the greatness that he gave him, all the peoples, nations, and languages trembled and feared before him: whom he would he slew, and whom he would he kept alive; and whom he would he raised up, and whom he would he put down.

20. But when his heart was lifted up, and his spirit was hardened so that he dealt proudly, he was deposed from his kingly throne, and they took his glory from him:

21. And he was driven from the sons of men, and his heart was made like the beasts', and his dwelling was with the wild asses; he was fed with grass like oxen, and

his body was wet with the dew of heaven; until he knew that the Most High God ruleth in the kingdom of men, and that he setteth up over it whomsoever he will.

22. And thou his son, O Belshazzar, hast not humbled thy heart, though thou knewest all this,

23. But hast lifted up thyself against the Lord of heaven; and they have brought the vessels of his house before thee, and thou and thy lords, thy wives and thy concubines, have drunk wine from them; and thou hast praised the gods of silver and gold, of brass, iron, wood, and stone, which see not, nor hear, nor know; and the God in whose hand thy breath is, and whose are all thy ways, hast thou not glorified.

24. Then was the part of the hand sent from before him, and this writing was inscribed.

25. And this is the writing, that was inscribed: MENE, MENE, TEKEL, UPHARSIN.

26. This is the interpretation of the thing: MENE; God hath numbered thy kingdom, and brought it to an end.

27. TEKEL; thou are weighed in the balances, and art found wanting.

28. PERES; thy kingdom is divided, and given to the Medes and Persians.

GOLDEN TEXT—*It is good not to eat flesh, nor to drink wine, nor* to do anything *whereby thy brother stumbleth.*—Rom. 14:21.

SILENT PRAYER—*Through faith I turn all my impulses toward that which is divine and center my love in that which is perfect.*

We may question what faith has to do with temperance and good citizenship, but a moment's consideration shows that it is essential to both. If we take the negative side of the question only, we can see that no one who lacks the stability of character that faith gives can be either a temperate man

or a good citizen. The truly good citizen is the one who is temperate in all things and is law-abiding. It is not hard to obey civil laws when one has become truly obedient to the inner law of his being and gained dominion over himself through his indwelling Christ. The most highly accomplished person is the one that really knows the Truth of Jesus Christ and lives according to his knowledge. Such a person has due respect for God as well as for all law.

To achieve success in life in the common meaning of the word, a man must exercise self-control. He who lives for the gratification of the senses alone loses control of his appetites and his will power, and in time his ability to make his way. To remain voluntarily on the level of sense is to forego all understanding of the higher satisfactions.

The evils of intemperance are known to all, the temperate and the intemperate alike. The problem is to find an urge to temperance that is stronger than the urge to intemperance. Who shall be master of the man until he can be master of himself? The answer is found in the nature of desire. Whoever can be brought to desire the better way with all his heart and mind and strength wins his deliverance from sense appetite. Education in temperance arouses righteous desire in the heart, as well as furnishing weapons for the intelligence to use effectively. Prayer awakens in man a desire to order his life in harmony with his better nature and strengthens him in efforts to realize that desire.

Temperance in a broad, true sense includes more than the overcoming of false appetite in eating and drinking. It includes also the necessary lifting up and

overcoming of one's inner, seemingly erroneous thoughts, emotions, and desires, as well as one's outer words and acts, so that all may conform to the Christ standard of Truth. To adjust all the thoughts and activities of one's life in divine order, a fine discrimination in one's understanding must be quickened in consciousness and used daily. There must be a dedication of the entire life to the Christ.

Let there be a clear understanding that man is spiritual and that in Truth he has power to control his every emotion, function, and appetite. Let all sin and weakness be forgiven and all condemnation, therefore, be mentally denied. Affirm the presence and power of Spirit. Remove by denial all fear of the besetting sin and all condemnation of self.

This simple and absolutely true way of handling false appetite and error habits has healed thousands. It can reform the most hopeless case when it is faithfully applied, either by the individual for himself or with the help of a spiritual teacher. The main test of the good citizen is whether he is willing and able to help his fellow citizens in their need. The main test of the Christian is whether he works in the Christ Spirit to relieve distress and to usher in the kingdom of peace.

Those who lack the consciousness of direct communion with the Father rely in times of crisis upon so-called human help. The sons of God are, in appearance, men, but when their wisdom and understanding touch a brother's problem the situation is eased.

This is a splendid lesson for these days. Judged by appearances, there has never been a time when it

was more imperative that the Christ standard be lifted up and held high, because in certain circles righteousness seems out of fashion. Yet "the *powers* that be are ordained of God. Therefore he that resisteth the power, withstandeth the ordinance of God: and they that withstand shall receive to themselves judgment. . . . And wouldest thou have no fear of the power? do that which is good, and thou shalt have praise from the same: for he is a minister of God to thee for good."

"For so is the will of God, that by well-doing ye should put to silence the ignorance of foolish men." To observe fully the statutes and ordinance of men's making, man must first gain dominion over himself. The history of the race is strewn with the derelicts of self-indulgence, with those who have eaten the bread of wickedness and drunk the wine of violence. Self-control must become both an individual and a national ideal. Only so shall we be able successfully to train our children for their good, so that they may grow to be law-abiding men and women. Thus they will escape the hard judgments that sooner or later surely come in the wake of a disobedient and lawless spirit.

We have succeeded in casting out from our religion the fear of future punishment for present conduct. We must put in its stead an incentive—love of the good and the true—that will be stronger and more impelling than the deterrent, fear. This love of the good and the true we can express silently by the power of thought and openly by the power of example. So shall we witness always for the Christ standard.

QUESTIONS

1. Define the good citizen.
2. What does temperance include?
3. Explain the effect on man of living for pleasure only.
4. Explain the part played by self-control in the redemption of the individual or a nation.

Lesson 8, August 21, 1955

UNITY SUBJECT—*The Christ Foretold.*

INTERNATIONAL SUBJECT—*Hope for the Despairing.*—Isa. 55.

1. Ho, every one that thirsteth, come ye to the waters, and he that hath no money; come ye, buy, and eat; yea, come, buy wine and milk without money and without price.

2. Wherefore do ye spend money for that which is not bread? and your labor for that which satisfieth not? hearken diligently unto me, and eat ye that which is good, and let your soul delight itself in fatness.

3. Incline your ear, and come unto me; hear, and your soul shall live: and I will make an everlasting covenant with you, even the sure mercies of David.

4. Behold, I have given him for a witness to the peoples, a leader and commander to the peoples.

5. Behold, thou shalt call a nation that thou knowest not; and a nation that knew not thee shall run unto thee, because of Jehovah thy God, and for the Holy One of Israel; for he hath glorified thee.

6. Seek ye Jehovah while he may be found; call ye upon him while he is near;

7. Let the wicked forsake his way, and the unrighteous man his thoughts; and let him return unto Jehovah, and he will have mercy upon him; and to our God, for he will abundantly pardon.

8. For my thoughts are not your thoughts, neither are your ways my ways, saith Jehovah.

9. For as the heavens are higher than the earth, so are my ways higher than your ways, and my thoughts than your thoughts.

10. For as the rain cometh down and the snow from heaven, and returneth not thither, but watereth the earth, and maketh it bring forth and bud, and giveth seed to the sower and bread to the eater;

11. So shall my word be that goeth forth out of my mouth: it shall not return unto me void, but it shall accomplish that which I please, and it shall prosper in the thing whereto I sent it.

12. For ye shall go out with joy, and be led forth with peace: the mountains and the hills shall break forth before you into singing; and all the trees of the field shall clap their hands.

13. Instead of the thorn shall come up the fir-tree; and instead of the brier shall come up the myrtle-tree: and it shall be to Jehovah for a name, for an everlasting sign that shall not be cut off.

GOLDEN TEXT—*Incline your ear, and come unto me; hear, and your soul shall live.*—Isa. 55:3.

SILENT PRAYER—*I accept the Christ consciousness as God's free gift to me and I abide in it.*

Water is one of life's chief necessities. In the physical sense it is essential to life, since the content of the body is largely fluid. In desert countries water is a symbol of life, for without it life does not long continue. The "water of life" is an expression designating that which gives life and keeps it expressing itself according to the law of each species.

"Ho, every one that thirsteth, come ye to the waters, and he that hath no money; come ye, buy, and eat." The water of life is the Christ consciousness. It sustains life, it stimulates life, and it nourishes life. We may choose according to our need. We

may work for these rich gifts of Spirit substance and possess ourselves of them without money and without price, but by our labor.

Men are prone to desire material things and to spend themselves in quest of that which neither nourishes nor sustains their inner nature. They spend their money "for that which is not bread." Labor for temporal things with no thought beyond their temporal value is wasted effort, for no real satisfaction comes from possessing what is temporal or in setting the heart on it. Full satisfaction is found only in Christ. "I am the bread of life: he that cometh to me shall not hunger, and he that believeth on me shall never thirst."

To "hearken diligently unto me" is to hold fast to the Christ way of life and to obey the principles of the Christ. The spiritual qualities are thus developed, and true satisfaction is realized in life. "Eat ye that which is good, and let your soul delight itself in fatness." As we realize and express the love that is within us, our consciousness of love is increased. David represents love and is a type of the Christ. "The sure mercies of David" are the sure rewards of expressing love in daily life.

Love is a witness of the Christ, for everyone understands it, believes in it, and responds to it when it is genuine and without ulterior motives. Love is the real "leader and commander to the peoples."

A nation represents an aggregation of thoughts in mind. "A nation that thou knowest not" is such an aggregation of thoughts on a subject that is new to us. The avowed aim of science is to discover truth; and to do this in full measure, science must come to

the Christ, or its knowledge will remain piecemeal. It must "run unto thee, because of Jehovah thy God." Science may well be that nation, but so far it is not greatly influenced by considerations of religious faith.

We find God only as we have an earnest desire to make contact with the divine. If we neglect to develop our spiritual faculties, the time comes when we no longer desire to know God consciously. Apathy displaces desire, and we drift in the stream of the race consciousness. To avoid this fate, we are to "call . . . upon him while he is near." Then our thoughts easily become "his thoughts" as we listen for the divine voice within ourselves and realize our nearness to the divine in all life.

The thoughts of divine love are higher than the thoughts of personal consciousness. In fact, there is no parallel between them. They are of an entirely different order. The thoughts of God are of good, and their effect is good. The thoughts of personal consciousness are selfish, self-centered, and evil and bring evil in their wake. The unrighteous man can change his ways of thinking, can rise to the plane of high thinking, turn from evil to good, enter into spiritual consciousness, and express the spiritual content of life. Thought habits are cumulative. And the longer and more faithfully we persist in thinking constructively, the stronger the habit becomes and the more fruitful of good it becomes. Right speech builds up a great structure of good, just as rain brings growth, followed by seedtime and harvest. Both take effect under law, the one no less surely than the other.

QUESTIONS

1. How is the Christ consciousness represented in the text for today?
2. For what should our money, our time, and our effort be chiefly spent? Why?
3. What are "the sure mercies of David"?
4. What is meant by the words "a nation that thou knowest not"?
5. When do we find God?
6. How can the unrighteous man enter into spiritual consciousness?

Lesson 9, August 28, 1955

UNITY SUBJECT—*Turning from Sense to Spirit.*

INTERNATIONAL SUBJECT—*A New Start.*—Isa. 45:1-4, 13; Ezra 1:1-7.

1. Thus saith Jehovah to his anointed, to Cyrus, whose right hand I have holden, to subdue nations before him, and I will loose the loins of kings; to open the doors before him, and the gates shall not be shut:

2. I will go before thee, and make the rough places smooth; I will break in pieces the doors of brass, and cut in sunder the bars of iron;

3. And I will give thee the treasures of darkness, and hidden riches of secret places, that thou mayest know that it is I, Jehovah, who call thee by thy name, even the God of Israel.

4. For Jacob my servant's sake, and Israel my chosen, I have called thee by thy name: I have surnamed thee, though thou hast not known me.

13. I have raised him up in righteousness, and I will make straight all his ways; he shall build my city, and he shall let my exiles go free, not for price nor reward, saith Jehovah of hosts.

1. Now in the first year of Cyrus king of Persia, that the word of Jehovah by the mouth of Jeremiah might be accomplished, Jehovah stirred up the spirit of Cyrus king of Persia, so that he made a proclamation throughout all his kingdom and *put* it also in writing, saying,

2. Thus saith Cyrus king of Persia, All the kingdoms of the earth hath Jehovah, the God of heaven, given me; and he hath charged me to build him a house in Jerusalem, which is in Judah.

3. Whosoever there is among you of all his people, his God be with him, and let him go up to Jerusalem, which is in Judah, and build the house of Jehovah, the God of Israel (he is God), which is in Jerusalem.

4. And whosoever is left, in any place where he sojourneth, let the men of his place help him with silver, and with gold, and with goods, and with beasts, besides the freewill-offering for the house of God which is in Jerusalem.

5. Then rose up the heads of fathers' *houses* of Judah and Benjamin, and the priests, and the Levites, even all whose spirit God had stirred to go up to build the house of Jehovah which is in Jerusalem.

6. And all they that were round about them strengthened their hands with vessels of silver, with gold, with goods, and with beasts, and with precious things, besides all that was willingly offered.

7. Also Cyrus the king brought forth the vessels of the house of Jehovah, which Nebuchadnezzar had brought forth out of Jerusalem, and had put in the house of his gods;

GOLDEN TEXT—*Look unto me, and be ye saved, all the ends of the earth; for I am God, and there is none else.*—Isa. 45:22.

SILENT PRAYER—*I rejoice in my realization of all good through the Christ within me.*

Cyrus, besides meaning "rays of the sun," is

thought to mean "shepherd." The latter meaning may have become associated with the name after Cyrus had restored the sacred vessels of the Jews to their rightful place, thus undoing the injustice wrought by the king of Babylon, who had carried the vessels off to his capital. Cyrus thus cleared his realm of discontent and rebellion and insured strong bonds of loyalty to him from returning exiles in the surrounding colonies. Among these exiles were the Children of Israel, who had been held captive in Babylon for more than fifty years.

Loss of freedom results in a corresponding loss of initiative and responsibility. It was Cyrus and not the captive Children of Israel who began the movement for their return to Jerusalem. Cyrus here represents the will acting in sense consciousness, but affected by spiritual impulses, moved by Spirit. The Children of Israel represent the religious impulses of man, which are subject to confusion while he is in sense consciousness, but which show signs of harmonious adjustment when he starts obeying divine law. Obedience to divine law is the first requirement of spiritual faith, and the return of the Children of Israel from captivity fulfilled this requirement.

Cyrus perceived that the centralized peace of mind, in which alone we truly develop our I AM power and majesty, must be gained through the activity of the religious nature. "Whosoever there is among you of all his people, his God be with him, and let him go up to Jerusalem, which is in Judah, and build the house of Jehovah." The actual building is the work of the people of Israel, or the thoughts of man that turn Godward.

The "elders of the Jews" are the proved thoughts of spiritual truth on which we rely confidently in building a harmonious consciousness—including mind and body. The enduring temple is built in the understanding that Spirit is the one and only cause of things that are real and true.

To live victoriously, we must build up a strong reserve fund of trust and confidence. A confident outlook on life serves us as a defense against the negative influences that assail us from the outer world. A wall is formed by that which enables us to meet our problems calmly and with unshaken courage and within this wall we concentrate our powers and enter into spiritual consciousness. A healthy body is such a wall. Unshakable faith in the reality of Spirit is another. A sense of responsibility for the right use of our so-called natural gifts is a third. A Christlike character is an impregnable bulwark. All these defenses reinforce our peace of mind and enable us to live the abundant life, secure in our consciousness of the divine source from which we spring. To have "a mind to work" at such a life structure is the surest guarantee of success in the undertaking.

Every thought leaves an impression on the subconsciousness. In this "broad place . . . before the water gate," our thoughts are concentrated and held until one idea calls forth another as a corroborative witness of our understanding. By collecting our thoughts "as one man," we make our forces uniform. Ezra, the scribe, represents the faculty of mind that receives and transcribes upon the memory every thought wave that enters the consciousness. When this faculty is sufficiently exalted, it records only spir-

itual impressions, leaving others unnoted. Such single-mindedness makes possible full observation of divine law.

QUESTIONS

1. Is loyalty insured by generous treatment on the part of those in authority, or is the opposite course advisable? Give reasons for your answer.
2. In what does loss of freedom result?
3. In his act of returning the captives to Jerusalem, what does Cyrus represent?
4. What is the first requirement of spiritual faith?
5. How do we gain peace of mind?
6. Why is a confident outlook on life so necessary to us?
7. What do we gain by collecting our thoughts?

GROWTH

R. H. Grenville

Out of the acorn the oak;
Out of the bud the flower,
And out of the Word of God
Manifest glory and power!

Step by intricate step,
Creation moves to its goal;
Blossom and fruit in the seed,
Beauty and Truth in the soul.

Silent UNITY

Thy radiant light reveals Thy perfect will to me. I am obedient "unto the heavenly vision."

The Society of Silent Unity, founded more than fifty years ago, is the healing department of Unity School, ministering without seeing them, to those who need help.

Our purpose is to aid through prayer all persons who, having faith in the power of God, ask for help.

Our temporal needs are met by the freewill offerings of those to whom we minister. "Give, and it shall be given unto you; good measure, pressed down, shaken together, running over."

Our Silent Unity group numbers some hundred consecrated workers who are devoting their lives to God's work for humanity. They are proving daily that physical, financial, mental, and spiritual difficulties can be overcome by righteous prayer. Even though everything else may have failed, we shall pray *with* you, for we have faith that "with God all things are possible."

We pray *with* you and also instruct you how to pray to the Father in secret in order that you may help yourself. Silent Unity is praying always, and your co-operation in prayer is of mutual benefit. Do not hesitate to write to us for help because your problem is personal. All correspondence is confidential.

Address your request to Society of Silent Unity, Lee's Summit, Mo. Cable address: Unity, Lee's Summit, Mo.

Give your full name and address

Prayers ANSWERED

These testimonials come from persons who have been healed by the power of Spirit. Those who wish to gain inspiration from someone whom God has healed may write, in care of the Unity School Editorial Department, to givers of these testimonials. Each letter must be unsealed and give the initials and address of the person to whom it is to be forwarded; also the name and date of the periodicals in which the testimonial appeared.

He Shall Have Abundance

I'M SURE THERE ISN'T a limit to the number of prosperity banks issued to one person, but if there were I would have reached my limit long ago, for I have been asking you for banks for quite some time.

The drill for years has been a part of my daily meditation, and I cannot conceive of ever stopping its use whether I have a bank or not. The life abundant that has been my experience while using the bank drill I would expect to continue as long as I hold to the Truth in my thoughts and words and actions, but without a bank I would miss the wonderful letters you send to me and that mean so much to me with their messages and prayers of help and hope and encouragement. So I think I would like another bank.—*Mrs. F.R.S., New York.*

Hearken unto Me

PLEASE REFER TO a previous letter of mine in which I requested help for a friend of mine. This has been a most wonderful demonstration for me, as I did not know how to go about asking help and guidance

and prayers for someone else.

My friend had been out of work since October, had been seeking employment, and had his heart set on a certain job which did not develop. He was very upset. After I received your letter and your card in which you instructed me to affirm for myself and my friend each day, this friend was called back to his old position, the position he really wanted all the time. He said, "You know, if they had asked me several weeks ago to return I would have turned it down through pride, but somehow now things seem to be different. I have no fear at all and am so grateful to be back with the people I know."

This morning he was told that he was the best accountant the company had ever had and that the job was his for keeps if he so desired. Isn't that a wonderful experience! Although my friend is not yet a student of your teachings, he is fully convinced that everything worked for his best good.

Thank you for your help—I am so happy we could help someone else with their problem.—*Mrs. I.C., California.*

INCLOSED PLEASE FIND our offering which we are sending as an expression of our appreciation for your prayers and co-operation.

A little over a month ago we wrote you explaining our difficulties. At the time we were troubled and concerned about getting our apartment rented. The rental market here is flooded with vacancies, and we were somewhat frustrated, but we still had faith in our heavenly Father.

Last week we had an answer to our prayers. A young couple came to our door looking for an apart-

ment. They had been transfered here from another state. Our new tenant is the son of a minister.

We are so thankful for our many blessings and are deeply grateful for what you have done for us through the power of prayer.—*Mr. and Mrs. R.H.T., Pennsylvania.*

SOMETIME BACK I wrote asking for prayers in helping me solve my financial difficulties. Things appeared very bad at that time.

However, changes have taken place all at once. I have a large assignment in my work, together with a retainer fee. I am quite successful in a local business.

Nothing is impossible with the Lord. The new business and income did much more for me than paying my bills—it showed me that God takes care of me in times of need. Thank you for your prayers. —*W.E.D., California.*

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Father, I Thank Thee

I THANK YOU HEARTILY for your so kind words, and for the affirmation. They are all wonderful. Since I have united with this beautiful Society I can sense God's strength and help very mightily.

I have become well and healthy again through His spiritual help, and I rejoice in my way of living doubly much again.

I am so happy that I can again enjoy my beloved vocation, and have resumed my role as an actress here in the City Theatre. Oftentimes we return home very late at night, but with God's help everything turns out well.

Your letters and your beautiful words have filled my consciousness with very great, strengthening confidence. This Unity teaching is something so marvelous! I feel the blessing which radiates from your work, and feel very secure and protected.—*E.F., Switzerland.*

My Help Cometh from Jehovah

INCLOSED IS A money order for one year's subscription to UNITY. Please rush it!

In cleaning the house I ran across a UNITY for February 1950, and for some reason I read it. Belive me, it is the kind of magazine I have always wanted around.

Since I have been reading this magazine I have felt good, and different. The magazine is old in date but inside it is as if it were put out yesterday. I have looked all over for a late issue and can't find one. —*V.M., New York.*

Give unto the Lord

WRITING TO YOU seems as natural as writing to a very loved one and, of course, I do love you all. I just can't get over my wonderful feeling of closeness to God every time I think about you or hear from you.

I have wanted to tithe for some time now, but my husband always felt we needed the money. I prayed about it, and the last two checks, without a word from me, my husband handed me the money for tithing! Now he feels we cannot afford not to tithe. Thanks to God!—*Mrs. D.E. MacD., Canada.*

UNITY CENTERS AND CLASSES

The following leaders are conducting a ministry in keeping with the Christ teachings as interpreted by Unity School.

ALABAMA

Birmingham—Katheryn Jarvis, 2803 Highland ave

ARIZONA

Globe—Sarah Lightle, 117 E Oak
Phoenix—Harold Irving, 213 N 1st ave
Tucson—Lilian Cook, YMCA

ARKANSAS

Little Rock—Mildred Brown, 1504 Spring

CALIFORNIA

Alhambra—Albert Ransford, 25 N 2d
Auburn—John Hinkle, St Luke's Episcopal church
Bakersfield—Della Shutts, Brower bldg
Berkeley—Susanna Scott, Durant hotel
Beverly Hills—Ruth Rae, 200 S Canon
Burbank—Joseph & Mildred Haggerty, 1009 Cordova, Magnolia Arcade
Cambria—A Williams, Derby & Warwick
Canoga Park—Mary Hider, 7429 Canoga
Castro Valley—Edith Gruenwald, 1025 Crow Canyon rd
Colton—Harriet Nicholls, 13 W H st
Compton—Margaret Butterworth, 115 N Chester
Culver City—Dollee Phillips, 3979 Tilden
Escondido—Lola Mays, 143 W Grand
Fresno—Alice Stokes, 171 Blackstone
Glendale—Clifford Carpenter, 236 So Brand
Hermosa—Winifred Dietz, 77 17th
Inglewood—Maude Galpin, 226 E Spruce
La Crescenta—Mary Adams, 4004 La Crescenta
Long Beach—Louise Newman, 935 E Broadway
Los Angeles—Ernest C Wilson, Norma Knight Jones, C Franklyn Kelly, 635 S Manhattan Pl; Nina Fisher, 1423 W 68; Helen Mouton, 4419 Mettler; Glenna Arrowsmith, 967 W Vernon; Carrie Love, 1540 W Jefferson
Modesto—Alma Ladd, 201 Eye
Monrovia—Irene Malloy, 201 E Lime
Montebello Park—Gertrude Hall, 6169 Southside
Napa—Helen Wade, Churchill manor
North Hollywood—Joseph & Mildred Haggerty, 4871 Lankershim blvd
Oakland—Alma Morse, 144 Athol
Oceanside—Sonja Samiran, K P hall, 115 N Tremont
Panorama City—Vera Stenen, 9421 Woodman
Pasadena—Max & Frances Flickinger, 293 N Euclid
Pomona—C L Tuntland, 249 W Monterey
Richmond—Winifred Deming, 1125 Nevin
Sacramento—John Hinkle, 1025 9th; Blanche Evans, 4553 North ave
San Bernardino—Mr and Mrs H P Nicholls, 763 D st
San Diego—Marie Fleming, Robinson bldg, 520 E st
San Francisco—Mary Scully, 25 Fulton; Ethel Higgins, 133 Geary
San Gabriel—Ethel Turner, 325 S Pine
San Jose—Rose Emery, 40 B S 1st
San Leandro—Barbara Lyons, 209 Joaquin
San Rafael—Helen Wade, 701 Mission
Santa Ana—Myron & Estelle Key, 2015 N Broadway
Santa Barbara—Robert Sikking, 227 E Arrellaga
Santa Cruz—Pauline Powell, 916 Riverside
Santa Monica—Sue Sikking, 1528 3d
Santa Rosa—Helen Wade, 846 3d
South Gate—Edna Drebert, 2945 Tweedy
Stockton—Grace & Laurance Swannell, 48 W Poplar
Taft—Della Shutts, 631 North
Van Nuys—Rose Schneider, 14440 Hamlin
Ventura—Wm Noonan, 2095 Poli
Visalia—Alice Stokes, Johnson hotel
Vista—Sonja Samiran, 504 S Santa Fe
Walnut Creek—Marie Giles, 1360 Locust
Whittier—Adelyn Thomas, 103 S Friends
Yucaipa—Unity, Woman's Club

COLORADO

Colorado Springs—Ann Winstead, 1307 W Colorado
Denver—Alice Benson, 1441 Welton
Grand Junction—Mabel Donaldson, No 12th

CONNECTICUT

Bridgeport—Helene Kersten, 199 Fairfield
West Hartford—Faith Cornwall, 1 Walbridge rd
New Haven—Bonnie Adams, Hotel Taft

DELAWARE

Wilmington—Adelaide Cotter, 13 E 14

DISTRICT OF COLUMBIA

Washington—Margaret & E Roy Feldt, New Colonial hotel; Ann Sandefer 1733 Eye st N W

FLORIDA

Clearwater—Louise Beaty, Chamber of Commerce auditorium
Daytona Beach—Mary Huck, 174 B'way
Delray Beach—Eva Rosencrans, 415 E Atlantic
Ft Lauderdale—Nora Campbell, Woman's club; Maud Guitteau, 11 NE 8th
Ft Myers—Ann Werner, 1200 Lafayette
Hollywood—Nora Campbell, 211 Morse arcade
Jacksonville—Wm & Bonnie Grenson, 634 Lomax; Sallye Wannamaker, YWCA, 1215 Lee

Lakeland—Dan Gunderson, 421 E Park
Lake Worth—Maud Guitteau, 908 Lucerne, room 4
Miami—John Baughman, 412 NE 22 st
Miami Beach—May Stoiber, 5501 Pine Tree
Orlando—Carolyn Parsons, 503 S Orange
Pensacola—Dorothy Thomas, 114 W Garden
Sanford—Carolyn Parsons, Valdez hotel
Sarasota—Dorothy Roy, Women's club
St Petersburg—Louise Beaty, 801 6 ave S
Tampa—Ruby Wagner, 626 No B
West Palm Beach—Hal Rosencrans, 707 Florida ave

GEORGIA

Atlanta—Wendell Mixson, 365 Ponce de Leon NE; Mabel Butts, 382 Ashby NW
Macon—Wendell Mixson, Hotel Lanier

HAWAII

Honolulu—Marie Handley, 240 Lewers rd

ILLINOIS

Alton—Elise Eckert, Mineral Springs hotel
Bloomington—Margaret Cain, 108 E Mulberry
Champaign—Viretta Sutherland, First Methodist Church Parish House
Chicago—W I & Anna Hoschouer, 306 S Wabash; Unity, 64 W Randolph; Janet Beaudry, 410 S Michigan; Myrtle Moore, 1129 E 45; Henrietta Gordon, 4307 S Mich; John Johnson, 1650 S Central Park
Decatur—Hazel Erisman, 317 W Decatur
E St Louis—Florence Schaefer, 656 N 79
Evanston—Maud Kellogg, Evanston hotel
Jacksonville—Viretta Sutherland, Dunlap hotel
Mattoon—Unity, Hotel Byers
Peoria—Eva Conover, 733 Main
Rockford—Bernice Biggers, 115 S Regan
Springfield—Eva Conover, 709 S 7th

INDIANA

Ft Wayne—Eleonore Krafft, 2440 Fairfield
Gary—Grace Free, YMCA 225 W 5th
Hammond—Grace Free, K of P hall
Huntington—Eleonore Krafft, Court house
Indianapolis—Margaret Strahle, 907 N Delaware; Frederick Andrews, 8 E Market

IOWA

Des Moines—Chas Roth, 3118 Grand
Sioux City—Grace Dickhaut, Commerce bldg, 6 & Nebraska

KANSAS

Hutchinson—Nona Kerfoot, 316 W 15th
Topeka—Harriet Pfouts, Jayhawk hotel
Wichita—Carl & Lois Moran, 2160 N Oliver

KENTUCKY

Louisville—Maebel Carrel, 1322 S 4; Ruth Cox, 2907 Virginia

LOUISIANA

New Orleans—Elois Echlin, 4730 Cleveland; Ruth Murphy, 3722 St Charles
Shreveport—Gilliam David, 721 College

MAINE

Portland—Unity, 93 High

MARYLAND

Baltimore—E Roy Feldt, Emerson hotel

MASSACHUSETTS

Boston—Elinor MacDonald, 30 Huntington
Cambridge—Edna Titus, 881 Massachusetts
Worcester—Elinor MacDonald, Academy bldg

MICHIGAN

Ann Arbor—Marie Munro, 310 S State
Battle Creek—Unity, Woman's league
Bay City—Aelola James, 231 Wash
Birmingham—Frank Glabach, Theater bldg
Detroit—Eric Butterworth, 17505 2d blvd Unity, 4221 Eastlawn; Virginia Shipley, 115 E Grand River; Lois Anderson, 146 Englewood
E Lansing—Roxie Miller, 425 W Grand River
Flint—Michael Giannuzzi, Metropolitan bldg
Grand Rapids—Leon Miller, 530 Scribner ave NW
Jackson—Unity, 400 S Jackson
Kalamazoo—Amy Moffatt, 209 W Dutton
Lansing—Nora Hines, YWCA bldg
Midland—Aelola James, Community center bldg
Muskegon—Leon Miller, YWCA
Roseville—Eve Edeen, 26429 Gratiot
Royal Oak—Walfred Taurainen, 101 S Troy
Saginaw—Michael Giannuzzi, Woman's club
St Clair Shores—Eve Edeen, 23462 Jefferson

MINNESOTA

Minneapolis—Lila Ranney, 2300 Hennepin

MISSOURI

Independence—Fannie Baldwin, 210 N Delaware
Jefferson City—Amanda Clibourn, 319 Ash
Kansas City—Louis E & Ethel Meyer, 707 W 47th
Lemay—Julia McKee, 3701 Bayles
Lee's Summit—Unity Village Center
Overland—Kate Evans, 2422 Goodale
Springfield—Polly Weeks, 213 E Chestnut
St Joseph—Osla Jones, 12 and Felix
St Louis—Wm Helmbold, 4526 W Pine; Hilda Westermeyer, 3616 Bates; Florence Brummer, 4621 S Kingshighway; Ethel Bradley, 4328 Easton

MONTANA

Billings—Ross Breakwell, 101 Lewis
Bozeman—Mary Wessel, 103½ Bridges Arms
Butte—Mary Wessel, YMCA

Great Falls—Arthur Tanner, 1023 2 ave S
Livingston—Mary Wessel, 332½ W Callender

NEBRASKA

Omaha—C N Broadhurst, 1317 N 42d

NEVADA

Reno—Robt & Fay Caswell, 847 University

NEW JERSEY

Asbury Park—John Manola, Asbury Park One Press Plaza
Hackensack—Eleanor Drew, Woman's club
Montclair—Gladys Stevenson, 6 S Fullerton
Newark—Edith Berry, Benzell hotel, 456 Broad
Plainfield—Clarion Lindas, Babcock bldg
Paterson—Gladys Stevenson, 35 Church
Ridgewood—Louise Gerhold, YWCA, 112 Oak
Trenton—Edith Berry, 135 Academy

NEW MEXICO

Albuquerque—Mina Stevenson, 1219 Tijeras ave NW

NEW YORK

Albany—Marian Hoagland, YWCA
Buffalo—Lillian Matthews, Statler hotel
Elmira—Florence Duncan, 455 W Gray
Flushing—Adele Woodruff, 135-42 40 rd
Forest Hills—Adele Woodruff, Tennis Grill, 6 Burns
Great Neck—Emma Jean Sartori, 1 Ash
Ithaca—Russell Kemp, 436 N Geneva
New Rochelle—Ethel Nickelsen, YMCA 175 Division
New York—Georgiana West, 1 W 47; Crichton Boatwright, 57 Park ave; Josephine Siemon, 400 E 59; Stella Wrenn, 15 E 11 st; Nanna Sutton, 360 W 125, Rooms 2 & 3; Janet Holland, 2523 7th ave
Rochester—Elise Rosenburg, 55 Prince
Roslyn Estates—Adele Woodruff, 53 Mineola
Schnectady—Marian Hoagland, Lafayette & Chapel
Syracuse—Russell Kemp, 110 Onondaga A
Troy—Marion Hoagland, 1913 5th ave
Valley Stream—Stella Wrenn, 145 S Franklin
White Plains—Eleanor Drew, 254 Martine

NORTH CAROLINA

Asheville—Velma Hoffman, 430 McDowell

OHIO

Akron—Wm Fischer, 1075 W Market
Canton—Fred Beale, 203 6th N W
Cincinnati—Erma E Wissmann, 2853 Madison rd; Millie Leslie, 18 W 9
Cleveland—Earl & Martha Anthony, Hotel Cleveland; Cleo Lee, Masonic temple, 3615 Euclid
Columbus—Joe Jones, 50 West 5th ave
Dayton—Ethel Crouch, 1008 Grand ave
Hamilton—Mary Harding, 117 Rose
Mansfield—Unity, 29½ N Walnut
Marion—Ethel Wallace, YMCA
Springfield—Ross Goodman, 2215 E High
Toledo—Wallace Tooke, 2740 Upton
Warren—Wm Fischer, 156 High NE
Youngstown—Wm Fischer, Home Sav & Loan bldg

OKLAHOMA

Bartlesville—Ruth Jacques, 1101 Johnstone
Muskogee—Ruth Jacques, Equity bldg
Oklahoma City—Alice & Schuyler Crowley, 318 Midwest bldg
Okmulgee—Ruth Jacques, 111 E 7
Tulsa—Grace Kehrer, 25 E 19; Dan Saunders, Alvin hotel

OREGON

Eugene—Hugh White, 1215 Oak
Portland—Marian Lance, 811 NW 20

PENNSYLVANIA

Philadelphia—Adelaide Cotter, 1835 Chestnut
Pittsburgh—Andrew Carlson, 809 Arch

PUERTO RICO

San Juan—Santurce—Rafaela Melendez, 306 Condado ave, stop 17

TENNESSEE

Chattanooga—Unity, 517 McCallie
Memphis—Hassall Self, 1911 Madison; Montee Falls, YMCA bldg
Nashville—Susan Smartt, 1816 Broad

TEXAS

Amarillo—Eugenia Lane, 2120 Tyler
Dallas—Ruth Gillispie, Cora Crandall, 5638 McCommas
El Paso—Mabel Peck, 1300 E Rio Grande
Fort Worth—Ruth Johnson, 901 Page
Houston—Dale & Donna Newsum, Scanlan bldg; Corine Smith, 3902 Leffingwell
Lubbock—Irene Duncan, 1509 B Ave M
San Antonio—Mary Myles, Maverick bldg

WASHINGTON

Bremerton—Marion Brown, 925 Park
Everett—E MacPherson, 2701 Rockerfeller ave
Olympia—Warren Meyer, YWCA
Pasco—Beulah Scott, 1125 W Nixon
Redmond—Ella Peterson, Cedar & Kirkland (library bldg)
Seattle—Donald & Dorothy O'Connor, 4030 Arcade bldg; Ella Peterson, 1251½ Bothell
Spokane—Herbert Hunt, 1124 W 6 ave
Tacoma—Warren Meyer, 1012½ A st
Yakima—Beulah Scott, 109 S 4

WEST VIRGINIA

Huntington—Daisy Daggett, Lewis Arcade

WISCONSIN

Beloit—Bernice Biggers, YWCA bldg
Mercer—Ella Beierle, Rice lake
Milwaukee—Mae Lundahl, 1820 E North;

Emma Terrien, 634 W Wisconsin
Sheboygan—Lu Verna Bauer, 1603 S 9

CANADA

Hamilton—Unity, 623 Main E
London—Herbert Nicklin, 70 Dundas
Montreal—May Duncan, 2132 Tupper
Ottawa—May Duncan, Kings Daughters bldg, Laurier ave
Toronto—Mary & George Dunning, 173 Eglinton ave W
Windsor—Unity, Murray bldg, Pitt st W

ENGLAND

Carnarvon, North Wales—Dora Johnson, Llanfair hall
Easington Village—Thomas Merrington 11 Sea View, Co Durham
London—Ruth Hacking, 6 Stanhope Terrace, W 2
Nr Whitstable—Olive Hacking, 14 Russel dr, Swalecliffe, Kent
Sunderland—T Merrington, Co Durham

Unity literature in French: ASTRA, 10 rue Rochambeau, Paris 9e, France; in Italian: Eva Pasini, 5 Corso Genova, Milano (328), Italy; in German: Kathe Blenkner, Deutschherrenstr 190, Bad Godesberg/Lannerdorf, British Zone; in Swedish & Finnish: Maija Plomberg, Tervakoski Finland; Shigeharu Uchida, 2997, 2 chome, Kasuga-cho, Nerima Ku, Tokyo, Japan; W A DaSilva, Caixa 1340, Sao Paulo, Brazil (*Daily Word* in Portuguese)

The Purpose of Unity

Unity School of Christianity is a religious educational institution teaching the use of the Jesus Christ doctrine in everyday life, and is not a church. However in disseminating the teachings of Unity, based upon the Bible and especially upon the teaching of Jesus Christ, teachers have formed independent organizations for study and worship, and these organizations have evolved into groups called centers, societies, assemblies, and churches. These groups are a part of the Unity fellowship and work in close co-operation with the Unity School of Christianity, but Unity is not a denomination nor a sect. Those who study the Unity teachings and who attend a Unity church are free to keep their affiliation with any church they desire. Unity teachings explain the action of mind, the link between God and man. They explain how mind affects the body, how it brings man into an understanding of God. Accept what, in Unity, appears to you to be Truth, and withhold judgment on the remainder until you understand it.

Lovingly in the Hands of the Father

By Evelyn Whitell

Evelyn Whitell found in real life the material from which she wrote her book *Lovingly in the Hands of the Father*. The demonstrations she recorded were made by men and women as they went about their everyday affairs. She gives them to her readers in story form, which makes the book doubly helpful.

One story tells how a woman employed in menial work wished to find an administrative position in a large hotel, and how she was helped to see that a joyous, successful future was possible for her. The woman soon experienced a change of attitude, and her opportunity came. As she transformed her life, she kept always at hand the affirmation: *"I place myself and all my affairs lovingly in the hands of the Father, with a childlike trust. That which is for my highest good shall come to me."*

This story and eight others equally enlightening and inspiring make up this Truth book, which is ideal as a gift for friends to whom the Truth teaching is new.

(Lovingly in the Hands of the Father is $1 a copy.)

WHAT WOULD MYRTLE FILLMORE LIKE BEST FOR A BIRTHDAY GIFT?

Every Unity student knows that it would be a WEE WISDOM gift to some boy or girl, 4 to 12. For it was Myrtle Fillmore who chose her own birthday month to found WEE WISDOM 62 years ago this August.

In WEE WISDOM she created a magazine that taught children (without preaching to them) how to grow up using Truth principles. She filled the magazine with stories about real boys and girls who worked out everyday problems the Truth way, gay poems, prayers for everyday use, puzzles, games, clubs, things to do and make.

IT'S STILL THAT SAME KIND OF MAGAZINE WITH THE SAME PURPOSE

Join this double birthday celebration by adding your prayers for children everywhere . . . by making at least one child happy with a WEE WISDOM subscription.

$2 A YEAR EACH SUBSCRIPTION

Mail your order today, and the subscription will start with the special Birthday issue.

NEWS *from* UNITY

August Features for Teen-Agers

The August issue of *You,* Unity's magazine for teen-agers, includes these features that young people will especially enjoy:

"Let's Get Acquainted," an article by Helen L. Renshaw on how to get along better with parents and to learn to understand their viewpoint. This article includes a fifteen-question quiz that will also be helpful.

"Beauty Immortal," a story by Kerry Wood, about a gardener who has been cursing a rich man because he had cut the trees on a wooded area that the gardener had loved. When he learns that the rich man is ill, the gardener returns to look at the area and discovers something that teaches him a great lesson.

"Secret of the Ages," by Ruth W. Mathis, an account of a tour of the Grand Canyon, showing how any kind of fear can be conquered.

Of course, the August issue includes many other articles and stories, poetry, and other special features for teen-agers. *You* is priced at $1 a year for twelve issues.

"My Blind Friend Read Daily Word *to me"*

A faithful *Daily Word* reader in New Jersey writes to us as follows:

"I must commend and thank you for something I experienced recently. I met a blind woman at a religious conference that I attended not long ago. We started to talk about Unity, and I discovered that she read *Daily Word.* I am a faithful reader of this magazine, but I had failed to bring it with me to the conference.

"Every night, my blind friend read *Daily Word* to

me from her Braille edition. It was really a beautiful sight to see her fingers fly over the pages. Now, when I read *Daily Word,* it seems to have even more meaning for me because I can see her reading the very same passages every day. It is truly a great thing that you have made it possible for her to receive the messages even though she is blind."

The regular edition of *Daily Word* is priced at $1 a year for twelve issues. The Braille edition of *Daily Word* is sent free to those who read Grade 1½ Braille, through the courtesy of Unity friends who send love offerings to the Unity Braille Fund to make the work possible.

"I Have a Wonderful Library"

"Since learning about Unity School of Christianity last year," writes a friend from Pennsylvania, "I have bought fifty of your books, several pamphlets, and all of your weekly and monthly subscriptions for myself and many for others. I think I have a wonderful library, and I am so happy with it.

"I hope I do not miss any new books that you publish —I want them all."

Coming Next Month in UNITY

If your prayers have seemingly gone unanswered, the article "No Substitute for Faith," by Amy Hannah Minor, which will appear in the September UNITY, will hold special interest for you. In this article the author deals with several faculties and states of mind that we sometimes try to substitute for faith—understanding, will, imagination, intense desire, optimism, pride.

"In our limited human judgment," the author says, "we often see only one possible solution to a problem. So we choose the answer to our prayer and expect God to obey our demands. But God in His infinite wisdom knows all the conditions concerning the problem, things we do not know, so He can give us a solution that we had not thought possible. Our work is to provide the faith through which God can work, and God's work is to provide the best answer we are capable of receiving."

"There is no substitute for faith," the author cautions. "Faith is the faculty that connects us with what we believe. It is an open channel through which God moves to bring good into expression.

Faith is the lifeline that connects our need with God, that great reservoir of good. . . . Faith is the means God uses to work through man to establish His kingdom of good in our world here and now."

Be sure to read "No Substitute for Faith" for special inspiration and assurance.

"How Do We Ask Aright?"

The article "How Do We Ask Aright?" by Constance Foster, which appears in the August issue of *Good Business* magazine, will be of special help to anyone who is in the process of selling an old house or obtaining a new one. This issue also contains all the regular features that help to show how Christian principles are being put to use in the workaday world.

Of *Good Business* magazine, one reader tells us:

"It is with the very greatest pleasure that I am sending in my renewal for *Good Business*. It is a most inspiring magazine in every way, and I should not like to go without it for even one month.

"In these days when one hears so many complaints about this and that, just to know that so many business firms are doing so much to promote good feeling among their employees and others in the business world is very heart-warming.

"God bless you richly in the work you are doing to spread the gospel of peace on earth, good will toward men."

A year's subscription for *Good Business* magazine is priced at $1.

Will You Help Us to Serve You Better?

You can make it much easier for us to handle the letters that you write to us —and with no inconvenience to you. All you need to do is to be sure to sign your name in exactly the same way each time you write to us.

For example, if you sign "Mrs. Ruth J. Doe" on one letter, "Josephine Doe" on another, and "Mrs. James L. Doe" on still another, our records may show correspondence from three different persons at the same address.

If you decide to sign your name "Mrs. Ruth J. Doe" and sign it this way each time, you will make it much easier for us to fill your orders and to answer your letters.

We love to serve each of our friends in the best possible way, and we sincerely

thank you for your continuing co-operation in the Unity work.

How to Feel God's Nearness

Sometimes when we are in trouble, we may feel terribly alone. We know, of course, that God is always with us, but we are so accustomed to the material world around us that it is hard to feel that God is real in the same sense that our chairs and tables are real.

The article "No Place Where He Is Not," which appears in the August 7 issue of *Weekly Unity,* deals with the problem of how we can learn to feel God's nearness just as we feel the nearness of a human friend. The author, Constance Foster, tells how we always have God's things around us in nature. She also states that we have His letters in the Bible; His personal messages to us in the form of inspiration or intuition; and even a "picture" of Him in Jesus Christ, since Jesus said, "He that hath seen me hath seen the Father."

"No Place Where He Is Not" will bring you a new sense of security and faith. It is typical of the articles that appear in *Weekly Unity,* as they always offer something that can make your life smoother and happier. *Weekly Unity* is $1 a year for fifty-two issues.

August Term to Begin

August 1 is the opening date of the third Unity Training School term for 1951. This term will continue through August 26 and offer classes under the instruction of Fannie A. Baldwin, Elizabeth Sand Turner, Alma M. Morse, Grace Free, Ralph Rhea, Faith Cornwall, Zelph Thompson, Rose Emery, Osl Sehrt Jones, May Rowland, Robert P. Sikking, as well as a Sunday-school and Youth of Unity seminar under the direction of Mary Brown and Helen Teters.

If you plan to attend this term of the Training School you should register immediately. To do so, or to obtain a *Prospectus* giving full information, address the Registrar, Unity Training School, Lee's Summit, Missouri.

The great truths of life do not come to us in words but in quiet understanding that floods us indefinably.—Coursin Black in *Good Business.*

"STIMULATING READING THAT TEEN-AGERS CAN DEPEND ON"

"I have been receiving *You* for three years now," writes a young reader from Canada. "It has certainly been a help to me during this time. I am inclosing $1 for the renewal of my subscription.

"The copies of *You* have been read by nearly everyone in my class, as well as the teachers. There are no exceptions to the rule—everyone loves it!

"Thank you for stimulating reading that we teen-agers can depend on."

More and more teen-agers every day are learning to depend on *You* magazine for help in their everyday problems, for guidance, and for downright enjoyable reading. Each month *You* offers true stories about famous persons who have met and conquered difficulties, fiction stories giving practical advice and help, poems, Bible lessons, and many other features helpful to teen-agers. The August issue has a fresh, newly styled cover making it doubly suitable for introducing the magazine to some young person.

You is priced at only $1 a year for twelve issues; so if you know a teen-ager who needs the practical help that *You* magazine can give, why not order a subscription for him today?

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

THE NEW VEGETARIAN COOKBOOK

While visiting Unity Village, thousands of persons have eaten at Unity Inn, one of the largest vegetarian cafeterias in the world. Many of these persons have asked for the recipes for the delicious dishes served at the Inn. Now, in answer to their requests, Unity has published the *Unity Vegetarian Cookbook*.

This specialized cookbook includes recipes for such well-known Unity Inn specialties as Vegetable Tamale Loaf, Unity Inn Chili, Green Rice, Vegetable Pie, Eggplant Royal, Unity Inn Chocolate-Sundae Pie, and Unity Inn Date Nut Bread. It also contains vegetarian recipes from numerous other sources. There are nearly three hundred recipes in all.

In addition to the recipes, the *Unity Vegetarian Cookbook* includes an article on vegetarianism, advice on menu planning and suggested menus, an interesting catalogue of herbs and their uses, and table blessings for all ages. Each section of the cookbook is preceded by a photograph of a Unity Village scene.

The *Unity Vegetarian Cookbook* is bound in the newest style of wire binding, so that it opens flat or stands by itself, and its blue-and-silver covers are plastic-coated for washability. You will want several copies of this cookbook besides your own, for it makes a charming and unusual gift, priced at $1 a copy.

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

LIKE GOOD NEWS FROM HOME

Do you like to receive good news? Are you thrilled when you get an encouraging letter? Would a message of cheer coming to you each week help to smooth out some of the rough places in your life?

If you want a regular communication that will cheer and thrill you like good news from home, we have it for you—a weekly message of encouragement to strengthen your faith, to help you make decisions, and to help you keep your poise in your daily life.

This weekly messenger does not contain the latest national or international news, but it is new every week; it is not filled with humor or laugh-provoking jokes, but it will cheer you; it is not fiction, but its true accounts of spiritual experiences will fascinate you and give real, substantial help to satisfy your spiritual hunger. It will minister to your heartfelt needs like a loyal and understanding friend. *Weekly Unity* is its name, and thousands of persons everywhere are finding in this weekly magazine new joy, new strength, and just the help they need.

Weekly Unity is published at Unity headquarters in Lee's Summit, Missouri, and will come to you fifty-two times a year for only $1. Try reading it for one year, and see what wonderful inspiration it can give you.

UNITY SCHOOL OF CHRISTIANITY

LEE'S SUMMIT, MISSOURI

TRUST THE LAW OF GIVING—AND PROSPER

"Give, and it shall be given unto you" is a divine law. Trust it, use it, and it will reward you, as it has thousands of others who have applied it in their lives.

The Prosperity Bank drill can help you to use this law. Whether you demonstrate prosperity, as others have done, depends on your consciousness, your trust in God as your supply, and your faithfulness to the daily prayer drill. The drill includes depositing a coin in your Bank and blessing it with the Bank prayer you receive. Silent Unity will pray with you for your success. At the end of the seven-week drill period, the money you save can be used to pay for the UNITY subscriptions you have ordered for your friends. Why not send for a Prosperity Bank today and put your trust in the law of giving?

Unity School of Christianity, Lee's Summit, Missouri

Here is my order for three UNITY gift subscriptions and a Bank in which to save the $3 cost of these subscriptions.

NAME .....

Street .....

City ..... State .....

NAME .....

Street .....

City ..... State .....

NAME .....

Street .....

City ..... State .....

SENDER'S NAME .....

Street .....

City ..... State .....

Please indicate postal zone number, if cities are so divided.

U-8-55

Will You Join Us

IN OBSERVING LESSONS IN TRUTH WEEK?

This year Lessons in Truth Week will be observed September 12 to 18. At this time Unity students all over the world will read or review the fundamental Unity textbook *Lessons in Truth,* by H. Emilie Cady. For more than sixty years this book has helped Unity students to build a practical faith, and it can help you to:

Direct your thinking in constructive channels
Use denials and affirmations
Strengthen your faith
Learn to pray more effectively
Gain new light on the Bible teaching
Understand your true relationship to God and to your fellow men
Conquer feelings of timidity or inefficiency
Have better health and greater prosperity
Find the Christ within and thereby attain peace, happiness, and success

To join in Lessons in Truth Week, you need your Bible, the book *Lessons in Truth* (priced at $1), and *The Lessons in Truth Study Guide* (accompanies the book without extra charge).

Send for your book today, receive with it the free *Study Guide,* and be ready to join in Lessons in Truth Week beginning September 12. If you already have the book, Unity will gladly send the *Study Guide* free on request.

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

A Strip of Blue

I do not own an inch of land,
  But all I see is mine,
The orchards and the mowing-fields,
  The lawns and gardens fine.
The winds my tax-collectors are,
  They bring me tithes divine,
Wild scents and subtle essences,
  A tribute rare and free;
And, more magnificent than all,
  My window keeps for me
A glimpse of blue immensity,
  A little strip of sea.

Thy universe, O God, is home,
  In height or depth, to me;
Yet here upon Thy footstool green
  Content am I to be;
Glad, when is opened unto my need
  Some sea-like glimpse of Thee.

—Lucy Larcom